











ONLINE

Addisonparks.org



## **AWARD-WINNING ADDISON PARK DISTRICT**

Have you set up a new household account with us? A new online registration system allowing you to sign up for programs online -anytime- was introduced last fall. Each account is considered non-resident until proof of residency can be validated in person at any facility. Please bring in a copy of your driver's license and a current utility bill or tax bill to show Addison residency. Once your residency is verified, the resident discount will be automatically applied to your online registration.

Registering for programs from your desktop or mobile device is very intuitive. You will have the option to print or save a receipt from your home computer. To set up a new household account, follow these simple steps:

- 1. Go to www.addisonparks.org and click on the link at the top of the page for Registration
- 2. Click "Create an Account"
- 3. Set up your Household Account
- 4. Enter all members of your household
- 5. Save all of the information
- 6. On your next visit, click "Sign In"



Some classes and memberships are not available for online registration including Preschool, Day Camps, Winter Camp, Before- and After-School Care, Pickleball Open Gym, Basketball Open Gym and Tot Open Gym. Registration is still accepted in person, by mail or over the phone. However, fax orders are no longer accepted. If you have any questions or concerns, please call (630) 233-7275 between 9:00 a.m. – 5:00 p.m. Monday – Friday to speak with a registration specialist.

Additionally, since August 1, all Park District membership cards are combined into ONE. There is no longer a need to carry multiple golf cards, membership cards or punch passes. All Club Fitness members, golfers of Links & Tees and other punch pass users will have ONE membership card to use at any facility. This new Membership Pass Card will be linked to one household account and will be redeemable at all locations.



Michael Capizzano, President



Tina Towns, Vice President



Debbi Gayon, Secretary



Frank Angiulo, Treasurer



Thomas M. Reed, Commissioner



Geri Estvanik, Executive Director

**The Addison Park District** is a recipient of the Illinois Distinguished Accredited Agency award. This prestigious honor, granted by the Illinois Association of Park Districts and the Illinois Park and Recreation Association, recognizes park districts for providing high-quality programs and services to their community.



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#### **RAIN BARRELS**

Addison Park District can help you save green while being green! We are offering discounted pricing on rain barrels purchased through The Conservation Foundation this spring. These rain barrels are available in a variety of colors. For more about this offer, go to: UpCycle-Products.com It only takes about a ½ hour of steady rainfall to fill one up. **Rain barrels are used to:** 

- Water your plants
- Wash your car
- Lower your water bill
- Reduce polluted runoff into streams and rivers
  For more information please contact (630) 233-7275,
  ext. 2162



### OLD MILL PARK - COMMUNITY GARDENS

#### Garden season: May 1 - October 15

If you love to garden but lack the space, come plant with us! 10'x 10' plots available in Old Mill Park. Park District will rototill the garden to prepare the soil. Two rain barrels will be placed in the garden as a water source for gardeners. You are responsible for watering your own plants. Garden plots must be reserved at Community Rec Center. Fee: \$25 **Registration begins April 1. Stop by Community Rec Center to reserve your spot today!** 



## Flick and Float Friday March 30th 6:30-8:00 p.m. Centennial Rec Center

Join us on Friday, March 30 and enjoy a movie at the Centennial Rec Center pool! We will be screening the film HOP, rated (PG).

> Free - Members \$2 for non-members

Daddy Daughter

- DATE NIGHT-

Friday, February 2, 6:30-8:00 p.m.

Twist the night away with your dad! You'll enjoy an evening which

includes food, a photobooth and dancing, with the DJ spinning your

favorite tunes. Each child will receive a special gift and and a

daddy/daughter photo to remember this special occasion.

Dress your best for this fun-filled night out! Tickets are not available at the door. Registration deadline is February 1 by 5:00 p.m

Location: Centennial Rec Center

**Sibling:** \$10R / \$13NR

Age: 4 - 12 years

## Addison Park District's YOUTH OBSTACLE OBSTACLE COURSE RACE Saturday, April 21 Centennial Park

Adventurous youth racers will navigate their way through fun and challenging obstacles on the trail and sports fields of Centennial Park. The race is held completely within Centennial Park so there are no street crossings. 10-13 natural and man-made obstacles will challenge racers physically and mentally. All participants will receive a t-shirt, medal, goodie bag and bragging rights for conquering the course.

Age: 6 – 14 years Fee: \$15 per person

		,	t is per person
Code	Age	Category	Time
202204-01	12-14	Co-ed	9:30 -10:00 a.m.
202204-02	9-11	Co-ed	10:00 - 10:30 a.m.
202204-04	6-8	Co-ed	10:30 - 11:00 a.m.
202204-05	6-14	Family	11:00 - 11:30 a.m.



Moms and sons - Join us for a night full of superhero action! We will have a variety of Superhero-themed games, music, food and perhaps even have a special superhero or two making an appearance. Join us to celebrate with your best superhero....Mom!

Tickets are not available at the door. Registration deadline is March 1 by 5:00 p.m

Code: 102203-01 Age: 4 – 12 years Location: Centennial Rec Center Couples: \$25R / \$33NR Sibling: \$10R / \$13NR

REGISTRATION DEADLINE IS MARCH TBY 5 P.M.

**Code:** 102202-01

Couples: \$25R / \$33NR

## **ANYTHING ON** WHEELS SALE

Saturday, April 7, 9:30 - 11:30 a.m List your asking price on each item for sale. Drop your items off at the Centennial Recreation Center between 8:30-9:30 a.m. the day of the event. Park District staff will provide price tags and co-op the sale. You will receive 80% of the selling price for each of your sold items. All unsold items must be picked up the same day by 11:45 a.m.

Location: Centennial Rec Center Code: 302602-01



#### Saturday, April 7, 9:00 a.m. - 1:00 p.m.

You'll find bargains galore at this fast-growing, treasure-filled sale! Concessions will be available for purchase during the sale. Sellers must pre-register and be present at the table the entire time. VENDORS are NOT allowed. Tables are bundled with a space and not sold separately.

Location: Centennial Rec Center Code: 302601-01

1 Space (bring your own table)	\$15	Space with one table	\$20
2 Spaces (bring your own table)	\$28	2 spaces with two tables	\$32
Add Electricity	\$5		

COLD BLOODED CREATURES ANIMAL SHOW



#### Saturday, May 5, 10:00-11:00 a.m.

Are you ready to see alligators, snakes, lizards and tortoises? Explore the world of reptiles with the guidance of Jim Nesci and his Cold Blooded Creatures Animal Show. Learn the proper way to handle the animals, conserve and protect reptiles and the environment. Make sure to get a close look at the star of the show, Bubba, the 8-foot-long alligator! This is a hands-on show and the audience gets the special opportunity to interact with all of Jim's creatures.

Location: Community Rec Center Fee: \$10R/\$13NR Code: 302604-03



# Easter Egg Hunt & Pancake Breakfast

Saturday, March 24, 8:00 a.m. - 11:30 a.m. Community Park.

This year enjoy not only the Easter Egg Hunt, but also stay and have breakfast with the Easter Bunny! The Addison Park District, in conjunction with the Addison Kiwanis Club, is having a pancake breakfast. As always, the Easter Egg Hunt is free to all participants 10 & under. The pancake breakfast will begin at 8:00 a.m. and concludes at 11:30 a.m. The breakfast is all-you-caneat pancakes, sausage, milk, orange juice and coffee. Donations to the Addison Kiwanis Club accepted at the door. Pictures of your child with the Easter Bunny are available between 8:30 - 10:00 a.m. Be sure to arrive early as the Easter Egg Hunt begins promptly at 10:30 a.m. and ends minutes later!

Location: Community Rec Center

Pancake Breakfast: Donations to Addison Kiwanis Club accepted at the door. 8:00 - 11:30 a.m.

**Easter Egg Hunt:** FREE. Begins promptly at 10:30 a.m.



## **FACILITY RENTAL RATES • ALGUILER DE INSTALACIONES**

#### THINK ABOUT THE ADDISON PARK DISTRICT FOR YOUR NEXT SPECIAL OCCASION!

Our facilities are great for graduation parties, baby or bridal showers, retirement parties, family celebrations, corporate meetings or even small wedding receptions. Community Recreation Center and Centennial Recreation Center/Club Fitness are attractive, clean and spacious venues that are conveniently located and reasonably priced. Take the stress out of hosting your next big event and allow us to assist with your party - call Addison Park District at (630) 233-7275, ext. 2161 today!

¡Piense en el Addison Park District para su próximo evento especial! Nuestras instalaciones son el lugar ideal para sus fiestas de graduación, fiesta de bienvenida al bebé, despedidas de solteras, fiestas de jubilación, celebraciones familiares, reuniones de empresa y hasta recepciones para bodas pequeñas. El Community Recreation Center y el Centennial Recreation Center/Club Fitness son lugares atractivos, limpios, espaciosos, muy bien ubicados y con precios razonables. Elimine el estrés de organizar su próximo gran evento y permítanos ayudarle en su próxima celebración – llame hoy mismo al Addison Park District al (630) 233-7275.



#### COMMUNITY REC CENTER

120 E. Oak Street, Addison • Phone/Tel: (630) 233-7275 option #2

- This facility features:
- 5 Multi-purpose rooms
- Full kitchen
- Craft room
- Free Wi-Fi
- Air conditioned gymnasium
- Ball fields

#### Este lugar cuenta con:

- 5 salones de usos múltiples
- Un centro alfombrado para personas de la tercera edad
- Cocina completamente equipada
- Salón de artesanías
- Internet gratuito
- · Gimnasio con aire acondicionado
- Canchas para juegos de pelota



#### CLUB FITNESS AND CENTENNIAL REC CENTER 1776 W. Centennial Place, Addison • Phone/Tel: (630) 233-7275 option #3

#### This facility features:

- Fitness Center
- Gymnasium
- Indoor pool
- 2 Multi-purpose rooms
- Free Wi-Fi
- Ball fields and soccer fields
- Group fitness studio

#### Este lugar cuenta con:

- · Centro de actividades físicas
- Gimnasio
- Piscina cubierta
- 2 Salones de usos múltiples
- Internet gratuito
- Canchas para juegos de pelota y fútbol
- Estudio para actividades físicas en grupo



#### LINKS AND TEES GOLF FACILITY

900 W. Lake Street, Addison • Phone/Tel: (630) 233-7275 option #4

#### This facility features:

- Clubhouse
- Outdoor patio/beer garden
- Tiki room
- Golf course
- Outdoor practice range
- Indoor golf dome
- Putter's Peak Miniature Golf

#### Este lugar cuenta con:

- Casa Club
- Patio a la intemperie
- Sala de Tiki
- Campo de golf
- Cancha de práctica al aire libre
- Cúpula cubierta de golf
- Putter's Peak Miniature Golf (golfito)

## **FACILITY RENTAL RATES • ALGUILER DE INSTALACIONES**

Rooms	Residents	Non– Residents	Capacity	
Centennial				
Birthday Party Room	\$60/hour	\$75/hour	~45	
Meeting Room	\$45/hour	\$60/hour	~25	
Community				
Room A, B or C	\$60/hour	\$75/hour	~50	
Rooms A & B or B & C	\$105/hour	\$120/hour	~150	
Rooms A, B & C	\$145/hour	\$160/hour	~230	
Senior Center	\$85/hour	\$100/hour	~110	
Room D	\$60/hour	\$75/hour	~50	
Craft Room	\$60/hour	\$75/hour	~35	
Kitchen	\$30/hour	\$45/hour	-	
Supervisor Fee	*\$12/hour	\$12/hour	-	
*Weekdays after 9:00 p.m. and weekends after 1:00 p.m.				

\*Weekdays after 9:00 p.m. and weekends after 1:00 p.m.

Gym		Non-Residents Half/Full
Centennial	\$45/\$80 per hour	\$60/\$95 per hour
Community	\$45/\$80 per hour	\$60/\$95 per hour
Army Trail School	\$57/\$92 per hour	\$72/\$107 per hour

Links & Tees	Resident	Non-Residents	Capacity
Room A or B	\$45/hour	\$60/hour	~25
Room A & B	\$80/hour	\$95/hour	~50
Main Room	\$60/hour	\$95/hour	~40
Room A, B & Main Room	\$135/hour	\$150/hour	~90

## **RENTAL GUIDELINES**

- For rental information please call (630) 233-7275.
- \$100 security deposit required for each gym or room rental
- Security deposit for fields is \$200 per field
- Applications take approximately two weeks to process.
- Tables and chairs are provided.
- Full payment is due two weeks before rental date.
- Alcohol permit fee is \$220. Four hours max. for consuming alcohol; only beer, wine and champagne allowed.
- Rentals with an alcohol permit will require two building supervisors.

Applications for facility rentals will be accepted as follows:

Season Start	Date
Fall (Sept. 1 - Nov. 30)	July 1
Winter (Dec. 1 - Feb. 28)	October 1
Spring (March 1 - May 31)	January 1
Summer (June 1 - August 31)	April 1

Gazebo	Residents	Non-Resider	nts	Capacity
Community Park	\$35/hour	\$50/hour		~40
Centennial Park	\$35/hour	\$50/hour		~40
Byron Park	\$35/hour	\$50/hour		~40
Baseball/ Soccer Athletic Fields	Residents	Non- Residents	So	seball/ ccer & sletic Fields
Community Park	\$35/hour	\$50/hour	2/1	
Centennial Park	\$35/hour	\$50/hour	3/3	
Byron Park	\$35/hour	\$50/hour	1/2	
Foxdale Park	\$35/hour	\$50/hour	2/3	
Highview Park	\$35/hour	\$50/hour	0/3	
Nike Park	\$35/hour	\$50/hour	1/0	
Oak Knoll Park	\$35/hour	\$50/hour	2/1	

Light Fee (Comm, Cent, Nike: \$40 per hour)

## **NORMAS DE ALQUILER**

- Para más información sobre el alquiler llame al (630) 233-7275.
- Se requieren \$100 de depósito de seguridad por cada gimnasio o sala de alquiler.
- El depósito de seguridad para los campos es de \$200 por campo.
- Procesar las solicitudes ingresadas toma un periodo de dos semanas.
- Las mesas y sillas están incluidas en el alquiler.
- El pago completo debe hacerse 2 semanas antes de la fecha de alquiler.
- El permiso para bebidas alcohólicas es de \$220. Se permiten cuatro horas máximas para el consumo de alcohol. Solo se admite cerveza, vino y champán.
- Los alquileres con permiso de bebidas alcohólicas, deben contar con dos supervisores de instalaciones.

Las solicitudes para el alquiler de las instalaciones se aceptarán de la siguiente manera:

Temporada	Fecha de inicio
Otoño (1 de sep. – 30 de nov.)	1 de julio
Invierno (1 de dic. – 28 de feb.)	1 de octubre
Primavera (1 de marzo – 31 de mayo)	1 de enero
Verano (1 de junio – 31de agosto)	1 de abril

## Camps

Register at addisonparks.org or call (630) ADD-PARK



## **SPRING BREAK CAMPS**

Join us for fun-filled days of crafts, sports, field trips and fun! Bring a friend and enjoy your spring break with the Addison Park District. Please bring a sack lunch and a drink every day of camp. Daily field trips will be taken so please arrive no later than 9:00 a.m. Special weekly and daily rates are available. Registration deadline is March 23.

Age: Kindergarten - 5th gradeTime: 7:00 a.m. - 6:15 p.m.Location: Centennial Rec Center

#### **FULL WEEK**

Fee: \$180R/\$218NR

Code	Day	Date
202284-06	Mon Fri.	March 26 – 30

#### **DAILY RATES**

Fee: Daily rate: \$42R/\$56NR

Code	Day	Date		
CHICAGO NIN	JA ACADEN	1Y		
202284-01	Monday	March 26		
DU PAGE CHIL	DREN MUS	EUM		
202284-02	Tuesday	March 27		
PUMP IT UP!				
202284-03	Wednesday	March 28		
THE PAINTED F	PENGUIN			
202284-04	Thursday	March 29		
LINCOLN PARK ZOO				
202284-05	Friday	March 30		



#### Don't forget Day Off FUN! Go to Page 11 for details.

## SUMMER CAMPS: JUNE 4 - AUGUST 17

The Addison Park District offers summer day camps to children from preschool to 8th grade. Camps are offered for 11 weeks over the summer, June 4 - August 17. The four camps that the Addison Park District offer are: Tiny Tots Camp, Sports Camp, Kids Camp and Adventure Camp.

#### **PARENT INFORMATION:**

- In 2018, all camps will be located at Community Rec Center.
- Camp dates are June 4 August 17. Each camp session is one week.
- Regular day camp runs from 9:00 a.m. 4:00 p.m.
- You must register for weekly camp programs by the Friday prior no later than 5 p.m.
- First-time camp participants must provide a certified copy of the child's birth certificate at time of registration.
- All participants must bring a sack lunch and drink each day unless notified.
- Summer day camp manuals and emergency forms are available on the Addison Park District website or at Community Rec Center.
- Please send your camper in clothing comfortable to play in and to make crafts projects. Gym shoes are required each day for safety. Send a water bottle to camp every day with your child's name on it.



### **CAMP FEES**

	ADVENTURE CAMP			6, SPORTS CAMPS
	R	NR	R	NR
M-F	\$165	\$200	\$132	\$160
M,W,F	\$139	\$167	\$105	\$127
Tu-Th	\$113	\$131	\$85	\$100

## EARLY RISER BEFORE AND NIGHT OWL AFTER CARE

Are you looking for additional supervision before or after camp for your child? We offer both before and after care to complement parents' schedules.

Ages: Preschool to 8th grade

Location: Community Recreation Center

#### Early Riser Before Care: 7:00 a.m. - 9:00 a.m.

	Code	Fee
Mon - Fri	302293(01-11)	\$47 R/\$59 NR
Mon, Wed, Fri	302294(01-11)	\$37 R/\$49 NR
Tue, Thu	302295(01-11)	\$28 R/\$36 NR

#### Night Owls After Care: 4:00 p.m. - 6:15 p.m.

	Code	Fee
Mon - Fri	302296(01-11)	\$47 R/\$59 NR
Mon, Wed, Fri	302296(01-11)	\$37 R/\$49 NR
Tue, Thu	302298(01-11)	\$28 R/\$36 NR

## Junior Camp Counselors Needed!

Are you interested in becoming a Junior Day Camp Counselor? Addison Park District is looking for Junior Day Camp Counselors for the summer day camp program. Applicants must be between the ages of 14-17 and will be interviewed for this non-paid position. Counselors must pay a one-time \$100 participation fee to cover expenses. This is a volunteer position. If you are interested, please contact (630) 656-6209 for more information.

## Tiny Tots Camp

This camp will keep your little one busy this summer by making crafts, playing a variety of indoor and outdoor activities, playing games and so much more! Children will go on on field trips twice a week. Please provide a sack lunch and drink each day.

#### No Day Camp on July 4. Age: Preschool to Kindergarten

Location: Community Rec Center

Day	Code
Mon-Fri	302281(01-11)
Mon, Wed, Fri	302282(01-11)
Tue, Thu	302283(01-11)

## Sports Camp

Does your child love sports? This camp will have a different sport "theme" each week including football, soccer, swimming, baseball, and so much more. Please provide a sack lunch and drink each day. Campers will go swimming and on field trips twice a week. **No Day Camp on July 4.** 

Age: 1st - 5th grades Location: Community Rec Center

Day	Code
Mon-Fri	302284(01-11)
Mon, Wed, Fri	302285(01-11)
Tue, Thu	302286(01-11)

## Kids Camp

This camp is filled with different activities such as crafts, games, sports, swimming and more! Each week there will be a new theme. Please provide a sack lunch and drink each day. Campers will go swimming and on field trips twice a week. **No Day Camp on July 4.** 

Age: 1st - 5th gra	ades	Location: Community Rec Center
Day	Code	
Mon-Fri	302287	(01-11)

	` '
Mon, Wed, Fri	302288(01-11)
Tue, Thu	302289(01-11)

## Adventure Camp

Tue, Thu

Participants will go off site 2 to 3 times per week on trips to water parks, shopping malls, Great America, baseball games, museums, the beach and more. Please provide a sack lunch and drink each day. **No Day Camp on July 4.** 

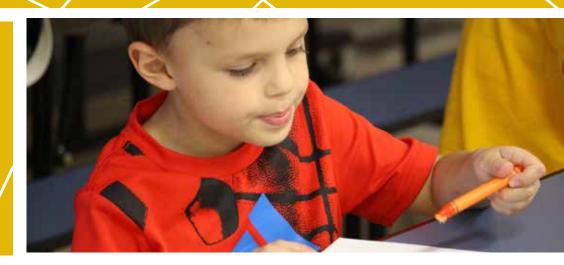
<b>Age:</b> 6th - 8th gr	ade <b>Location:</b> Community Rec Cente
Day	Code
Mon-Fri	302290(01-11)
Mon, Wed, Fri	302291(01-11)

302292(01-11)

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Register at addisonparks.org or call (630) ADD-PARK



#### 2017-18 BEFORE & AFTER SCHOOL CARE

School	Before Care	After Care	Both
Stone School:	502202-01	502202-02	502202-03
Stone students			
<b>Army Trail:</b> Army Trail, Lake Park & Lincoln students	502203-01	502203-02	502203-03
Fullerton School: Ardmore and Fullerton students	502201-01	502201-02	502201-03
Wesley School: Wesley students	502204-01	502204-02	502204-03

This program is complementary to School District #4's schedule and we've moved it into the schools to make it more convenient for you. Our program provides your child with a safe, structured environment, and our experienced staff focus on providing a variety of quality activities that enrich the lives of children. Enroll your child for the full week or just the days you need, and have peace of mind while at work. Kids will have designated homework time, play sports, group games, go outside, go to the gym and make crafts.

## The first month's payment is due at the time of registration. Following payments are due the first day of the month.

**Sept. 1- April 1. Register for one - five days per week.** For more information or to register, please call David MacDonald at (630) 656-6209

	Before school care monthly total	After school care monthly total	Both Before & After monthly total
5 days/wk	\$280	\$320	\$480
<b>4</b> days/wk	\$224	\$256	\$384
<b>3</b> days/wk	\$168	\$192	\$288
2 days/wk	\$112	\$128	\$192
<b>1</b> day/wk	\$56	\$64	\$96

### PUNCH PASSES:

5-punch pass	\$85
10-punch pass	\$165

(Punch Pass can be used for both AM and PM sessions. Parents/ guardians must notify the school as well as the park district 24 hours in advance to use a punch pass)

#### LATE-START MONDAY PUNCH PASS:

7:00 - 9:30 a.m. Mondays

5-punch pass	\$105
10-punch pass	\$200



#### DAY OFF FUN

Nothing to do on your day off? Sign up for a field trip with us to fun places like indoor swimming pools, museums, skating rinks, an enchanted castle and more! Bring a friend to make this day one to tell all your friends about. Please bring a sack lunch and a drink. Please arrive no later than 9:00 a.m. Field trips return no later than 4:00 p.m.

Age: Kindergarten - 5th gradeTime: 7:00 a.m. - 6:15 p.m.Location: Centennial Rec CenterFee: \$42R/\$56NR

Trip	Code	Day	Date
Gameworks	102281-02	Monday	Feb. 19
Pump it Up	102281-03	Friday	March 2
Brookfield Zoo	202281-01	Thursday	May 31
Morton Arboretum	202281-02	Friday	June 1

### DAY OFF FUN HALF DAY

Have more fun on your half-day off from school with the Addison Park District. These half-day activities are coordinated with the Addison School District #4's early dismissal days for Kindergarten – fifth graders and include fun crafts, games, gym activities, sports, games, and more! Registration is required the day prior to attend the half day program.

Age: Kindergarten - 5th grade Location: Centennial Rec Center Fee: \$29R/\$38NR

Code	Day	Date	Time
102282-01	Thursday	March 1	12:00 - 6:15 p.m.
102282-02	Friday	April 13	12:00 - 6:15 p.m.









## Preschool

Register at addisonparks.org or call (630) ADD-PARK



## **PRESCHOOL 2018-2019 CLASSES**

First payment is due at the time of registration. The following payments are due on the first of the month, every month through April 1.

Day	Annu	al Fee	Mont	hly Fee
	Res	Non-Res	Res	Non-Res
T/TH	\$1,215	\$1,422	\$135	\$158
M/W/F	\$1,440	\$1,638	\$160	\$182
M-F	\$2,088	\$2,286	\$232	\$254

### 2<sup>1</sup>/2 - 3-YEAR OLD PRESCHOOL

This program provides an opportunity for  $2\frac{1}{2} - 3$ -year-olds to enhance their social, physical and creative development.  $2\frac{1}{2} - 3$ -year-old preschoolers will be introduced to letters and number association, as well as learning about the calendar and the seasons. There is also a strong emphasis on the development of socialization skills and becoming comfortable in a classroom environment. Fine motor skills and listening skills will continue to progress in this class through crafts and songs. Children must be  $2\frac{1}{2}$  years old by September 1, 2018, with a birth date on or before March 1, 2016. Pull-ups are allowed. You are invited to attend one of our open houses to meet the teachers and learn more about this program.

#### **ROOM B**

Code	Day	Date	Time
502101-01	T/Th	Sept 4 - May 17	9:15 - 11:15 a.m.

#### ALL CLASSES HELD AT CENTENNIAL REC CENTER

Registration is open throughout the year. Please call (630) 233-7275 for registration availability.

#### **3-YEAR OLD PRESCHOOL**

Children will grow socially and emotionally through creative art, activities, songs and cooperation. 3-year-old preschool emphasizes color recognition, shapes, letters, numbers, social play, the calendar, weather, days of the week and physical coordination. Children must be 3 years old on or before September 1, 2018. Pull-ups are allowed. You are invited to attend one of our open houses to meet the teachers and learn more about this program.

**ROOM A** 

Code	Day	Date	Time
502102-01	T/Th	Sept. 4 - May 17	9:15-11:15 a.m.
ROOM B			
ROOMB			
Code	Day	Date	Time
	Day M – F	Date Sept. 4 - May 17	<b>Time</b> 9:15 - 11:15 a.m.

#### **4-YEAR OLD PRESCHOOL**

Prepare your child for kindergarten! Emphasis is on positive self-images and preparation for future learning. Structured and unstructured activities will prepare your child socially, emotionally and physically. Children will begin writing their names and learning letter sounds. Children must be 4 years old on or before September 1, 2018. You are invited to attend one of our open houses to meet the teachers and learn more about this program. Children must be potty trained.

ROOMA			
Code	Day	Date	Time
502103-02	M/W/F	Sept. 5 - May 18	9:15 - 11:15 a.m.
502103-04	M – F	Sept. 4 - May 18	9:15 - 11:15 a.m.
ROOM C			
Code	Day	Date	Time
502103-03	M/W/F	Sept. 5 - May 18	9:15 - 11:15 a.m.
502103-01	T/Th	Sept. 4 - May 17	9:15 - 11:15 a.m.

## Registration for 2018-2019 preschool starts May 1. Secure your spot today!

### PRESCHOOL OPEN GYM

Join us for some free play in the gym before and after your preschool or tot program. Each week we will put out different equipment for the children to participate with. Let your little one burn off some steam shooting baskets with tot hoops, run through a tunnel, enjoy the parachute and much more. Parents must accompany children. Please purchase a 5 or 10-punch pass. No supervisor on duty. Punch passes may be used from session to session. Not responsible for lost punch passes. Cards must be swiped by the front desk at Centennial to use the open gym. **Age:** 1 - 6 year olds w/ parent

Location: Centennial Rec Center Gym

One-time fee:			\$ 5			
5 punch pass: 10 punch pass:			\$ \$15R/\$20NR			
	10 punch	pass:	\$ 30R/\$40NR			
Season Day		Date	Time			
	Spring	Wed.	Jan. 17 – May 16	9:30 – 12:30 p.m.		

## PRESCOOL OPEN HOUSE

Stop by to meet the preschool teachers and see the classrooms!

Children are welcome to join!

Thursday, March 15 6:00 -7:30 p.m. Centennial Rec Center

## PRESCHOOL ENRICHMENT PROGRAMS

#### SCIENCE LAB

Come join us for this hands-on science lab class. Kids will make predictions and conduct experiments to find out more about the world around us. Each week will be something new.

Age: 3 – 5 years Location: Centennial Recreation Center Fee: \$45R/\$59NR

Instructor: Preschool Teachers

Code	Day	Date	Time
102279-01	Wed.	Feb. 7 – Feb. 28	11:45 a.m. – 12:30 p.m.

## **TECHNOLOGY AND ENGINEERING**

Kids will have fun exploring the world of technology and discoving the world of engineering through building with LEGOs. Kids will work in teams to build and explore simple machines in a simply creative way! **No class on March 28.** 

**Age:** 3 – 5 years

Location: Centennial Recreation Center Fee: \$45R/\$59NR Instructor: Preschool Teachers

Code	Day	Date	Time
102280-01	Wed.	Mar. 7 – Apr. 4	11:45 a.m. – 12:30 p.m.

### 123 MATH

Counting and number recognition will be the focus of this class, as well as other math-related activities including sorting, matching, patterning, sequencing, colors, time and money. These activities will be done in both individual and group settings. **Age:** 3 – 5 years

**Location:** Centennial Recreation Center **Fee:** \$45R/\$59NR

Instructor: Preschool Teachers

Code	Day	Date	Time
202278-01	Wed.	Apr. 11 – May 2	11:45 a.m. – 12:30 p.m.

## TOTS

## TOT ROCK

Maracas and clackers and tambourines too! It's musical fun just for you! Tot Rock is a unique music and learning program designed specifically for 1-year olds. Each session focuses on a new educational theme that incorporates handheld instruments, play props, sensory integration, coordination exercises, and socialization. Structured and unstructured time is included in each class. Sing, dance and play today! www.rockitkids.com **Age:** 1 year with parent/guardian

Location: Medinah Park District, Thorndale Rec. Center, 22W130 Thorndale Ave.

<b>Fee:</b> \$58/\$72NR	Instructor:	Rock N' Kids

Code	Day	Date	Time
102106-02	Monday	Apr. 9 – May 21	9:30 – 10:10 a.m.

## KID ROCK I & II

Make it a musical day! Kid Rock is a music and movement program designed to stimulate development through interactive play. Fine and gross motor skills are improved through imagination exercises, and by using rhythm instruments and movement props such as tambourines, maracas, scarves and a parachute. Presented in a structured format, Kid Rock encourages cooperation and following directions. Each session focuses on a new educational theme. Sing, dance and play today! www.rockitkids.com

**Location:** Medinah Park District, Thorndale Rec. Center, 22W130 Thorndale Ave.

Fee: \$58/\$72NRInstructor: Rock N' Kids

#### Kid Rock I (2-year olds with parents)

Code	Day	Date	Time
102105-02	Monday	Apr. 9 – May 21	10:15 – 10:55 a.m.

#### Kid Rock II (3 to 5-year olds without parents)

Code	Day	Date	Time
102239-02	Monday	Apr. 9 – May 21	11:00 – 11:40 a.m.

#### LET'S LEARN ABOUT REPTILES

Learn about these fascinating but often misunderstood animals through stories, songs, games, and crafting. You'll even meet a real reptile!

<b>Age:</b> 3 – 5 years		Location: Centennial Rec Center	
Instructor: Cool Science		Fee: \$24/\$32NR	
Code	Day	Date	Time
202245-01	Thursday	April 19	4:00 - 5:30 p.m.



#### **MESSY FINGERS**

Children will enjoy painting with different kinds of brushes, stamps, sponges and other materials. They will create a multitude of unique art projects while encouraging the discovery of ART. Kids might get a little messy, so please bring a paint smock or large shirt. **No class on March 27.** 

Age: 20 months - 3 years w/ parent Location: Centennial Rec Center Fee: \$57R/\$75NR

Code	Day	Date	Time
102110-02	Tues.	Mar. 6 – Apr. 17	11:45 a.m. – 12:30 p.m.

### TINY PAINTERS

Your child will enjoy this painting class that encourages self expression and development. Kids will enjoy using watercolors, print making, marbles, brushes, salad spinners and more to create fun art projects. Bring along an old t-shirt or art smock and leave the mess to us. **No class on March 29.** 

**Age:** 3 - 5 years

Location: Centennial Rec Center Fee: \$57R/\$75NR

Code	Day	Date	Time
102111-02	Thur.	Mar. 8 – Apr. 19	11:45 a.m. – 12:30 p.m.

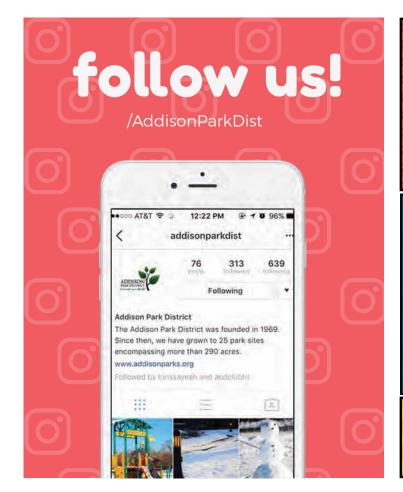


#### JUNIOR MINIONS COOKING SCIENCE

Help Kevin, Stuart and Bob make tasty treats like Minion munch and Gru brew! You'll also play a game and make a Minion craft! **Age:** 3 - 5 years

Location:	Bloomingdale Park Dis	trict, 172 S. Circle Ave.
Instructo	r: Cool Science	Fee: \$24/\$32NR

Code	Day	Date	Time
202246-01	Thursday	May 24	4:00 - 5:30 p.m.





Moms and sons - Join us for a night full of superhero action! We will have a variety of Superhero-themed games, music, food and perhaps even have a special superhero or two making an appearance. Join us to celebrate with your best superhero....Mom!

Tickets are not available at the door. Registration deadline is March 1 by 5:00 p.m

Code: 102203-01 Age: 4 – 12 years Location: Centennial Rec Center Couples: \$25R / \$33NR Sibling: \$10R / \$13NR

REGISTRATION DEADLINE IS

MARCHTBY5P.M.



## 66

Direct a child to exercise, and few will respond with enthusiam-if they respond at all. But issue an invitation to join the fun, and most will accept eagerly.' unplugillinois.org

what's your outlet?

Daddy Daughter - DATE NIGHT-

#### Friday, February 2, 6:30-8:00 p.m.

Twist the night away with your dad! You'll enjoy an evening which includes food, a photobooth and dancing, with the DJ spinning your favorite tunes. Each child will receive a special gift and and a daddy/daughter photo to remember this special occasion. Dress your best for this fun-filled night out!

Tickets are not available at the door.

Registration deadline is February 1 by 5:00 p.m

Location: Centennial Rec Center Couples: \$25R / \$33NR Sibling: \$10R / \$13NR Code: 102202-01 Age: 4 - 12 years

## Music & Dance

Register at addisonparks.org or call (630) ADD-PARK



## **BATON & POMS**

## SPRING DANCE RECITAL Sunday, May 6. 1:00 P.M. and 5:00 P.M.

Tickets available at Centennial Rec Center starting

Monday, April 9

Fee: \$7 per ticket in advance. \$10 per ticket at the door.

Location: Addison Trail High School

#### WESTERNETTES

This competitive baton corps is a popular team that travels and participates in events throughout the country. Students begin in the introductory groups and work towards the famed Westernettes. **No class on April 16 & 18.** 

Age: 6 - 18 years

**Location:** Army Trail Gym

Fee: Monday/Wednesday \$84R/\$104NR

#### Monday only \$42R/\$52NR

Instructor: Robin & Brenda Murphy

Code	Day	Date	Time		
202623-01	Mon Wed.	April 2 - June 6	5:00 - 8:00 p.m.		
Beginner Westernettes					
202623-02	Monday	April 2 - June 4	5:00 - 8:00 p.m.		

### **BATON & POMS BEGINNER**

This exciting sport gives participants opportunities to work on balance, rhythm, and coordination through the basics of baton twirling to musical routines. Batons may be purchased the first day of class for \$25. **No class on April 16 & 18.** 

Age: 4 - 9 years; 10 - 18 years

**Location:** Army Trail Gym

Fee: 4 - 9 years: \$55R/\$69NR

#### 10 - 18 years: \$65R/\$79NR

Instructor: Robin & Brenda Murphy

Code	Day	Date	Time
202624-01	Monday	April 2 - June 4	5:30 - 6:00 p.m.
202624-02	Monday	April 2 - June 4	5:30 - 6:15 p.m.
202624-03	Wednesday	April 4 - June 6	5:30 - 6:00 p.m.
202624-04	Wednesday	April 4 - June 6	5:30 - 6:15 p.m.

## **PRIVATE MUSIC LESSONS** FOR PIANO OR GUITAR

No matter what level of experience you have, we have a piano class right for you. Our instructor will teach beginners, intermediate and advanced students. Students will be taught to read and perform pieces from the John W Schaum piano book. Instruction will be based upon skill level of each student. Additionally, students will study music theory. Show your friends and family how much you have learned! Register early since space fills up quickly with limited spots available.

Age: 6 years and older Location: Community Rec Center Instructor: Bill Kidera Fee: \$250R/\$310NR Date Time Code Day 202602-01 Tuesday Mar. 27 – May 29 4:00 – 4:30 p.m. 202602-02 Tuesday Mar. 27 – May 29 4:30 – 5:00 p.m. 202602-03 Tuesday Mar. 27 - May 29 5:00 – 5:30 p.m. 202602-04 | Tuesday Mar. 27 - May 29 5:30 – 6:00 p.m. 202602-05 Tuesday Mar. 27 – May 29 6:00 – 6:30 p.m. Mar. 27 – May 29 202602-06 Tuesday 6:30 – 7:00 p.m. 202602-07 Mar. 27 – May 29 Tuesday 7:00 – 7:30 p.m. 202602-08 Tuesday Mar. 27 - May 29 7:30 – 8:00 p.m.

# Birthday Parties

CELEBRATE YOUR NEXT BIRTHDAY WITH ADDISON PARK DISTRICT AND LEAVE THE PLANNING TO US!

This party service leaves the mess with us. Your birthday child will enjoy a wide variety of choices to individualize a birthday party he or she will never forget. Standard party packages include your choice of themed party, a party host, tableware, themed invites, set-up and clean-up. Premium party packages include the entire standard party package plus three large one-topping pizzas, a birthday cake with candles and juice box refreshments. Based on availability, parties will take place on Friday evenings, Saturdays and Sundays at our Community or Centennial Recreation Centers.

*To schedule your party,* please fill out an application in person at either of our Rec Centers or visit addisonparks.org to print an application. All applications must be submitted three weeks prior to the requested party date. A \$25 non-refundable booking fee is due at the time you receive your contract. The remaining balance is due one week prior to your party date.

## Party Package Options

#### STANDARD PARTY PACKAGE: \$170

#### \$6 per extra guest over 15

#### 90-Minute Party Includes...

- Choice of Party Theme
- Interactive Party Host
- Games & Activities
- Tableware
- Party Invitations
- Set-Up & Clean-Up
- Supplies for 15 Guests

#### PREMIUM PARTY PACKAGE: \$230

#### \$10 per extra guest over 15

#### 90-Minute Party Includes...

- Entire Standard Party Package
- Three Large One-Topping Pizzas
- One Birthday Cake
- Juice Box Drinks

## Themed Party Options

#### TOTS OPEN GYM PARTY (Ages 2 - 5 years)

Little ones will enjoy this party in the gym with a variety of activities, including parachutes, small moon jump, hula hoops & more.

#### CRAFT PARTY (Ages 5+)

Your party guests will showcase their creativity while learning how to make a personalized craft project. Instruction and supplies are included.

#### SPORTS PARTY (Ages 5+)

Participate in a variety of sports led by the party host. Sport options include basketball, wiffelball, dodgeball, football, spikeball and soccer.

#### SUPERHERO PARTY (Ages 5+)

Kids will create their own superhero masks and show off their "super powers" while participating in games, obstacles and more!

#### NERF® WAR PARTY (Ages 5+)

Bring your NERF<sup>®</sup> gun and prepare to have a blast! There will be target practice, shooting drills and we'll end with the party with a NERF<sup>®</sup> War!



Register at addisonparks.org or call (630) ADD-PARK



### ST. PATRICK'S DAY SLIMEOLOGY LAB

HAVE THE SLIME OF YOUR LIFE with St. Patrick's Day themed slime! Kids will make goo and then customize it at the concoction center to please their senses. Get crazy and gear up with goggles, test tubes, and more for this extremely messy experience. Play with 15 different kinds of slime and Splat Balls too! Edible Slime? YES! We will eat a slime-themed snack. All kids will go home with a test tube of slime as a souvenir! **Age:** 5-11 years

Location: Centennial Rec Center Fee: \$22R/\$25NR Instructor: Lisa Lombardi

Code	Day	Date	Time		
102286-01	Wednesday	February 21	4:30 - 5:30 p.m.		

## APRIL FOOL'S DAY: WHAT A JOKE!

April Fool's Day, what a strange and tricky day! Learn the history and science behind this comedic day. We will investigate over 20 pranks and all kids will take a prank toy home as a souvenir! It will also be revealed how the best pranks are creative and not mean-spirited. This is the perfect crash course in acting. Participants will use critical thinking to stage and act out pranks, as gags must be believable! How did this wacky day evolve? We will check out how other countries have celebrated April Fool's Day for centuries and their zany traditions. Gag souvenir included!

Age: 6 -12 years Location: Centennial Rec Center Fee: \$22R/\$25NR Instructor: Lisa Lombardi

Code	Day	Date	Time
102287-01	Monday	March 12	6:00 - 7:00 p.m.

### GOT SELF-ESTEEM AND LEADERSHIP?

As parents we want the best for our children....friends, sports, vacations, education, teachers, clothes, technology and the list goes on and on. What about the gifts of high self-esteem and leadership? Self-esteem is how you feel about yourself and a feeling that you can handle life every day. It's believing in your talents and that you have value to offer the universe. When you possess this, it becomes easier to be a leader. Through creative expression in an incredibly fun workshop, kids will have the chance to cultivate self-worth and won't even realize they are working on self-esteem. Interactive self-esteem booster games will be executed like Lollipop Marathon, King's Throne, Balloon Bust, Billboard This, Ten Seconds, Compliment Café, Money Madness, Campaign Craze, and Toy of Me. A child of any age would love these games!

Age: 7-12 years Location: Centennial Rec Center Fee: \$39R/\$45NR Instructor: Lisa Lombardi

Code	Day	Date	Time		
102288-01	Wednesday	February 21	5:30 - 7:00 p.m.		



## S.T.E.M. CLASSES

#### INTRODUCTION TO PROGRAMMING

This course will introduce non-readers or early readers to the concepts of programming with Logo. Using iconic point and click commands to develop math, logic and problem-solving skills as they explore and create a project they can imagine.

Age: 5 - 7 years

**Location:** Bloomingdale Park District, 172 South Circle Ave. **Fee:** \$70R/\$90NR

Instructor: Computer Explorers

Code	Day	Date	Time
102248-02	Wednesday	Feb 21 – Mar 14	6:00 - 7:00 p.m.

#### **ROBOT LAB**

With your partner, we'll work with a LEGO compatible, programmable bot to learn about basic robotics and how to use a drag-and-drop programming language that you can upload to the Bot via computer for it to follow a flashlight, avoiding obstacles, clap control driving and so much more! **No class on March 28.** 

Age: 8 -12 years

**Location:** Medinah Park District, 22W130 Thorndale Ave. **Fee:** \$83R/\$108NR

Instructor: Computer Explorers

Code	Day	Date	Time
102248-03	Wednesday	Mar 21 – April 18	6:15 - 7:30 p.m.

## INTRODUCTION TO ROBOTICS AND PROGRAMMING

Bee-bot, our robot friend, has a lot to share with us on the computer. Young programmers will be able to write their own programs to send the computer Bee-Bot through a number of courses and missions. Then the best part is programming our real Bee-Bot to do the same thing on the floor! In this unique class, students are able to go from the virtual computer activity to the concrete 3-dimensional one!

Age: 5 - 7 years

Location: Roselle Park District, 304 East Pine Street Fee: \$70R/\$90NR

Instructor:	Computer	Explorers

Code	Day	Date	Time
102248-04	Wednesday	April 25 – May 16	6:00 - 7:00 p.m.

## THE ENGINEERING AND SCIENCE OF WATER PARKS

This is the perfect S.T.E.M. offering for the upcoming water park season! A lot of science goes into providing a safe trip down those tubes. How do water parks use basic physics and engineering concepts to keep their 85 million annual visitors safe? Learn the secrets behind the fun of those slippery water slides, the winding lazy river, the wild wave pool, splashing spray parks, and the snack shack! Highly motivating materials like tubes, funnels, pumps, lights, basins, sprayers and more will be used to enrich and challenge children's understanding of the water park industry. This experience will make a BIG splash with kids. After attending this class, kids will never look at water parks in quite the same way! A concession style themed snack will be offered during class.

#### Age: 6-12

**Location:** Centennial Recreation Center, 1776. W. Centennial Pl. **Fee:** \$39R/\$45NR

Instructor: Lisa Lombardi

Code	Day	Date	Time
202287-01	Saturday	April 21	1:00 - 2:30 p.m.

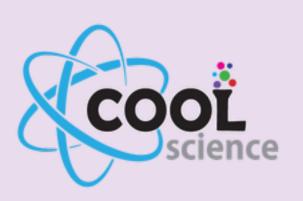
#### **GOT HAPPINESS?**

Is happiness genetic? While biology does play a large role in happiness, we still have LOTS of room to grow our children's happiness level in their day-to-day environment! When we are happy, everything in life gets a little bit easier. How can we reduce any negative emotions that may pop up and garner more powerful feelings like positivity? This class is appropriate for children who are currently VERY happy or just want to feel a little happier every day. In this electrifying workshop, kids will have the chance to build on their current happiness level through thrilling activities. Group games are just one of the many ways to start building happiness and coping skills. The best part is that these skills built in class are often transferred by the participants to real life situations after departing class! **Age:** 5-12

**Location:** Centennial Recreation Center, 1776. W. Centennial Pl. **Fee:** \$37R/\$48NR

#### Instructor: Lisa Lombardi

Code	Day	Date	Time
202288-01	Thursday	May 10	6:00 - 7:30 p.m.



#### **ALL ABOUT REPTILES**

Learn about these fascinating but often misunderstood animals as you make a book about them, play a game, conduct an experiment, and do some crafting. You'll even meet a real reptile!

Age: 6 -11 years

**Location:** Centennial Rec Center **Instructor:** Cool Science

Fee: \$32R/\$42NR

Code	Day	Date	Time
202245-02	Thursday	April 19	6:00 - 8:00 p.m.

### MINIONS COOKING SCIENCE

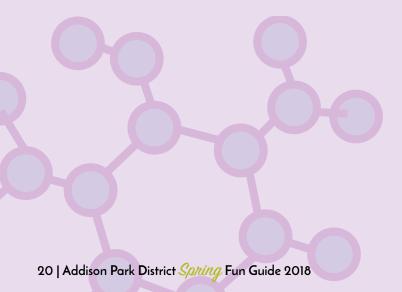
Minion mania goes wild as you make some Minion-themed treats like Kevin's candies, Minion munch and Gru brew!

Age: 6 -11 years

Location: Bloomingdale Park District, 172 S. Circle Ave. Instructor: Cool Science

Fee: \$32R/\$42NR

Code	Day	Date	Time
202246-02	Thursday	May 24	6:00 - 8:00 p.m.





## THE GREAT FOOD DETECTIVE

This food journey will teach kids about building a healthy plate with foods from each of the food groups. Each week will focus on a different portion of the plate. Activities will include how food gets from the farm to the plate, what foods are offered at the school cafeteria, what a food label is, what snacks are healthy, how salad is prepared and how to plant a one-pot seedling and take it home to watch it grow. These lessons will support efforts at home to help kids develop healthy eating habits.

<b>Age:</b> 5 - 11 years <b>Fee:</b> \$13R/\$18NR			Location: Centennial Rec Center Instructor: Ann Marie Vlastnik			
	Code	Theme	Day	Date	Time	
	102252-01	Dairy	Weds.	Jan. 31	5:30 - 6:45 p.m.	
	102252-02	Grains & Protein	Weds.	Feb. 7	5:30 - 6:45 p.m.	
	102252-03	Fruits & Vegetables	Weds.	Feb. 14	5:30 - 6:45 p.m.	
	102252-04	Food Labels	Weds.	Feb. 21	5:30 - 6:45 p.m.	

## ABRAKADABRA MAGIC CLASS

Children are guaranteed to have a great time as they learn fascinating tricks from a professional magician! Amaze family and friends with tricks that involve cards, ropes, coins, mindreading, and more. While the tricks appear difficult, you'll discover that they are quick to learn and easy to perform. All materials will be provided, and each child will receive a magic kit to take home. Children can sign up for this class again and again since brand new tricks are taught at each session! All tricks will be age appropriate.

#### Age: 5 - 12 years

Location: Itasca Park District, 350 E. Irving Park Rd. Fee: \$20R/\$26NR Instructor: Magic Team's Gary Kantor

Code	Day	Date	Time
202205-01	Thursday	April 19	6:45 - 7:40 p.m.



## **TEEN PROGRAMS**

## IPRA TEEN SKI TRIP

#### Monday, February 19

Grab your friends for a fun night on the slopes of Chestnut Mountain in Galena, IL, with teens from all over the state. Fee includes transportation, lessons, lift ticket, equipment rental, and all night snowboarding or skiing. Bring spending money. Price includes transportation. This trip will depart at 9:00 a.m. and return at 9:00 p.m. **Registration deadline is February 5. Age:** 11 - 16 years

Location: Depart from Centennial Rec Center Instructor: Park District Staff

Code	Fee
102303-01	\$54R/\$70NR (Lift, Ski/Board Rental, Lesson)
102303-02	\$44R/\$57NR (Lift & Lesson)
102303-03	\$6R/\$8NR (Helmet Rental)
102303-04	\$8R/\$12NR (Lunch/Dinner Ticket)

## WINDY CITY BULLS TRIP

#### Saturday, February 10

Let's join the herd and attend the Windy City Bulls basketball game! The Windy City Bulls are an American professional basketball team affiliate of the NBA's Chicago Bulls. Bring spending money for concessions. Fee includes game ticket and transportation to Sears Centre.

Age:	11 -	16 years
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Location: Depart from Centennial Rec Center Fee: \$18R/\$24NR Instructor: Park District Staff

Code	Day	Date	Time
102304-01	Saturday	February 10	5:00 - 10:00 p.m.

## LASER QUEST

#### Monday, March 26

Join teens on spring break for an exciting trip to Laser Quest. Laser Quest combines the classic game of hide-and-seek and tag with a high tech twist. Our multi-level arenas have swirling fog, energetic music and fun around every corner. Pizza is served after the trip at the Park District.

Age: 11 - 16 years

Location: Depart from Bloomingdale Park District Fee: \$30R/\$40NR

Instructor: Park District Staff

Code	Day	Date	Time
102301-01	Monday	March 26	10:00 a.m. – 1:00 p.m.

## **TEEN ROOM ESCAPE**

#### Friday, March 30

Head to the Room Escape at Stratford Square to see if you can beat the game! Bring money for lunch at the food court afterwards. Fee includes: transportation, supervision and room escape entry. **Registration deadline is March 1.** 

Age: 11 - 16 years

**Location:** Depart from Bloomingdale Park District **Fee:** \$30R/\$40NR

Instructor: Park District Staff

Code	Day	Date	Time
102302-01	Friday	March 30	10:00 a.m. – 1:00 p.m.



Register at addisonparks.org or call (630) ADD-PARK



## SOCCER

#### SPRING SOCCER LEAGUE

This instructional co-ed league is divided into five age divisions with teams formed by the park district athletic staff. Special requests for teams, coaches and players cannot be guaranteed.

All teams will receive weekday practices that will begin early April and are arranged by the volunteer coach. Uniforms can be worn from season to season and must be purchased through Euro Sports Gear for \$25 if needed.

All players are required to wear shin guards for both practices and games. Games are played on Saturdays during various times. Games take place at Centennial Park or various surrounding park district communities. Our teams are entered into the Mid Suburban Soccer League (MSSL) made up of multiple surrounding park districts to provide the best soccer playing experience for all players.

#### VOLUNTEER COACHES ARE NEEDED!

Please contact Joe Patterson, Athletic Supervisor at 630-656-6202 if interested in coaching a team.

#### REGISTRATION

#### MAR 25 REGISTRATION DEADLINE

Any registration taken after 3/25 will have \$10 added to the fee. **No games on May 26.** 

#### Location:

Home games & practices - Centennial Park

Away Games - Various surrounding park district fields **Fee:** \$55R/\$73NR

**Game Times**: TBD - Dependent on final number of teams and field availability

#### **DIVISION - U6**

Games are played 3v3 with no goalkeeper on a smaller sized field which will allow players more touches with the ball to enhance skill development and fun. Ball Size #3 is used.

Code	Age	Grade	Game Dates
202201-01	4-5 yrs	Pre K & K	Apr. 21 - Jun. 16

#### **DIVISION - U8**

Games are played 4v4 with no goalkeeper. Skills development, teamwork and fun is stressed with this age group. Ball Size #4 is used.

Code	Age	Grade	Game Dates
202201-02	6 - 7 yrs	1st & 2nd	Apr. 21 - Jun. 16

#### **DIVISION** - U10

Goal keepers are introduced along with other traditional soccer rules starting to be introduced with off-sides and fouls. Games are played 6v6 using ball size #4.

Code	Age	Grade	Game Dates
202201-03	8 - 9 yrs	3rd & 4th	Apr. 21 - Jun. 16

#### **DIVISION** - U12

More team concepts are introduced at this level along with individual skill development, sportsmanship and fun. Games are played 8v8 using ball size #5.

Code	Age	Grade	Game Dates
202201-04	10 - 11 yrs	5th & 6th	Apr. 21 - Jun. 16

#### **DIVISION** - U14

The game is played with little or no restrictions and IHSA rules apply with minor modifications. Games are played 11v11 using ball size #5.

Code	Age	Grade	Game Dates
202201-05	12 - 13 yrs	7th & 8th	Apr. 21 - Jun. 16

#### SUPER SOCCER STARS PREMIER DEVELOPMENT



Our player development program is

designed for players U6-U14 who are poised

for a higher level of soccer instruction. Licensed and experienced coaches work closely with players through curriculum that gradually introduces new technical skills, tactical elements and team concepts as each player reaches program milestones. Location: Centennial Park, 1776. W. Centennial Pl.

Fee: \$70R/\$92NR

Code	Age	Day	Date	Time
202221-01	U6 & U8	Mon.	Apr. 16-May 21	5:30-6:15 p.m.
202221-02		Mon.	Apr. 16-May 21	6:15-7:00 p.m.
	& U14			

### SOCCER SHOTS YOUTH SOCCER



Soccer Shots is an engaging children's

soccer program with a focus on character The Children's Soccer Experience development. Our caring team positively impacts children's lives on and off the field through best-in-class coaching, curriculum and communication. Our coaches are the best trained in the business. Our expert-approved curriculum is age appropriate and aligns with childhood education standards. In addition, we provide an exceptional customer experience and ongoing communication with parents. No equipment is necessary. Location: Community Park

Fee: \$100R/\$132NR

#### Mini: 2 - 3 years

Code	Day	Date	Time
202112-01	Wed.	April 4 - May 23	5:15 - 5:45 p.m.
202112-04	Thu.	April 5 - May 24	11:00 -11:30 a.m.

#### Classic: 3 - 4 years

Code	Day	Date	Time
202112-02	Wed.	April 4 - May 23	6:00 - 6:35 p.m.
202112-05	Thu.	April 5 - May 24	11:40 a.m 12:15 p.m.

#### Premier: 5 - 7 years

Code	Day	Date	Time
202112-03	Wed.	April 4 - May 23	6:45 - 7:30 p.m.

## SUPER SOCCER STARS

At Super Soccer Stars, dynamic coaches work with every student to develop skills, self-esteem, and teamwork in a fun, non-competitive environment. Positive reinforcement and low child-to-coach ratios ensure that each participant will improve his or her skills through engaging warm-ups, activities, and games - all while having endless fun!

#### Kick & Play:

A parent-child pre-soccer and movement program specifically designed for toddlers 12-24 months. Our experienced instructors along with our puppet friends, Mimi & Pepe, take you and your little one through a world of exciting physical activity. Individual attention and engaging original music help to develop pre-soccer skills that will have your toddler learning to balance, run, kick and play - while having a blast!

#### 2-3 years old:

The focal point at this age group is to improve your child's natural development through our fun, physical learning experience. Every class includes an introduction to physical activities, rich language exposure, and movements such as running, hopping, jumping and changing directions.

#### 4-5 years old:

The focus of this class is for your child to become comfortable with the ball by developing soccer skills such as dribbling, shooting and the introduction to passing. Participants will focus on body movement with the ball and will be introduced to juggling and other skill-building activities.

#### 6-8 years old:

This class will aim to improve your child's elementary capacity through fun games, technical skill development and group activities like small sided games with goals. Every week we will emphasize spatial awareness and encourage teamwork. Repetitious ball skill activities are used to promote muscle memory and build confidence.

Location: Centennial Park, 1776. W. Centennial Pl. Fee: \$70R/\$92NR Date: Apr. 15 - May 20

Code	Level	Day	Time
202220-01	Kick & Play	Sun.	9:00 - 9:40 a.m.
202220-02	2-3 yr	Sun.	9:45 - 10:25 a.m.
202220-03	4-5 yr	Sun.	10:30 - 11:15 a.m.
202220-04	6-8 yr	Sun.	11:15 a.m 12:15 p.m.

## SPRING BREAK ATHLETICS CAMPS

#### SPRING BREAK PEEWEE SPORTSTERS CAMP

success.



Campers experience the wide world of sports, such as basketball, t-ball, kickball, soccer, floor hockey

and many others. Organized games emphasize sportsmanship, sharing and teamwork. All equipment is tailor-made to ensure

Location: Community Recreation Center Fee: \$35R/\$46NR

Code	Age	Day	Date	Time
202117-01	4-6 yr	Mon Thu.	Mar. 26 - 29	9:00 - 10:00 a.m.

#### SPRING BREAK SPORTSTERS CAMP



Team sports such as baseball, softball, soccer, basketball, floor hockey and more are covered throughout the week. Additional

activities include track and field, tennis and golf. Teamwork and sportsmanship will be emphasized.

Location: Community Recreation Center Fee: \$55R/\$73NR

Code	Age	Day	Date	Time
202235-01	7-9 yr	Mon Thu.	Mar. 26 - 29	10:00 - 11:30 a.m.

#### SPRING BREAK **BASEBALL CAMP**



Learn about the game of baseball

from players at the college and high school levels. Drills for defense, hitting, base running, throwing,

pitching and catching are taught. Games enforce the

skills covered during camp. Campers need to bring a glove and water bottle.

Location: Community Recreation Center Fee: \$55R/\$73NR

Code	Age	Day	Date	Time
202236-01	7-9 yr	Mon Thu.	Mar. 26 - 29	12:00 - 1:30 p.m.
202236-02	10-14 yr	Mon Thu.	Mar. 26 - 29	1:30 - 3:00 p.m.

## SPRING BREAK GIRLS SOFTBALL CAMP

Our softball camp focuses on the fundamentals of the game including defense, pitching, hitting and base running. Games will be



played daily. Instructors are former high school and college players. Camp will be divided by age and skill level at the time of camp. Campers need to bring a glove and water bottle. Location: Community Recreation Center

Fee: \$55R/\$73NR

Code	Age	Day	Date	Time
202237-01	7-12 yr	MonThu.	Mar. 26 - 29	3:00 - 4:30 p.m.

#### SPRING BREAK SUPER SOCCER STARS KICK IT CAMP



Kick It Camp is 3 hours of soccer fun for ages 6-14. A typical camp day includes warm-up, tag games,



relay races, team building activities, and soccer skill development, and concludes with a game of World Cup! Kick It Camp is a great way to tune up for the upcoming spring soccer season. Camp will be divided by age and skill level at the time of

camp.

Age: 6-14

Location: Centennial Recreation Center

Fee: \$95R/\$125NR

Instructor: Super Soccer Stars

Code	Age	Day	Date	Time
202222-01	6-14 yr	Mon./ Wed./Fri.	Mar. 26 - 30	9:00 a.m 12:00 p.m.

### LUNCH N' PLAY

Children can join the SportsKids staff for lunch and sporting fun

in this exciting program. Boys and girls will try the skills used in soccer, basketball, floor hockey, t-ball and other sports. Organized games will emphasize

sportsmanship, sharing and teamwork. This program allows youngsters to try new skills and nurture their growth socially. Each participant should bring a water bottle and a nut-free lunch. **No class on May 28.** 

Location: Centennial Rec Center Fee: \$45R/\$60NR

Code	Age	Day	Date	Time
202114-01	3-6 yr	Mon.	Apr. 9 - Apr. 30	11:15 a.m 12:30 p.m.
202114-02	3-6 yr	Mon.	May 7 - June 4	11:15 a.m 12:30 p.m.

## PEEWEE TENNIS & GOLF

Prepare for a lifetime of enjoyment

in the sports of tennis and golf. Your child will learn proper grip, basic strokes and other beginning tennis fundamentals through lots of fun drills and tennis-



SPORTSKIDS INC.

like games. We'll also work with your child to help him or her learn the basics of golf using colorful equipment. Putting, chipping and tee work will be mixed with easy instruction for proper form. Children will develop hand-eye coordination and movement skills through fun and challenging drills and games in a safe and structured environment. **No class on March 27. Location:** Community Recreation Center, 120 E Oak St **Fee:** \$45R/\$60NR

Code	Age	Day	Date	Time
202115-01	4-6 yr	Tue.	Mar. 6 - Apr. 17	2:30 - 3:15 p.m.
202115-02	4-6 yr	Tue.	Apr. 24 - May 29	2:30 - 3:15 p.m.

## PEEWEE FLOOR HOCKEY

SPORTS Bibs INC.

Does your child love the

Blackhawks? This class will help your child learn the game of hockey before skates go on. Drills for stick



handling, passing, shooting, goalie skills as well as team drills will be demonstrated in this class. Your child will enjoy learning the fundamentals and mechanics of this fastpaced and super-fun game. **No class on March 27. Location:** Community Rec Center, 120 E Oak St

Fee: \$45R/\$60NR

Code	Age	Day	Date	Time
202116-01	4-6 yr	Tue.	Mar. 6 - Apr. 17	3:15 - 4:00 p.m.
202116-02	4-6 yr	Tue.	Apr. 24 - May 29	3:15 - 4:00 p.m.



## INTRO TO ARCHERY

Learn the basics of a re-curve bow in an extremely safe environment.

A nationally recognized 9-step program is taught. Blunt tipped arrows, bows and targets are provided. Technique and games will be a part of every class. **Location:** Community Park, 120 E. Oak St. **Fee:** \$40R/\$53NR

Code	Age	Day	Date	Time
202234-01	7-10 yr	Tue.	May 1 - June 5	4:30 - 5:15 p.m.
202234-02	11-14 yr	Tue.	May 1 - June 5	5:15 - 6:00 p.m.
202234-03	15 yr - Adult	Tue.	May 1 - June 5	6:00 - 6:45 p.m.

## KID'S KARATE CLUB



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The Kid's Karate Club is specifically designed for children ages 4 - 14 and is taught in a unique way where children will enjoy what they are doing, learn more, and have additional confidence in themselves as an individual. This progressive martial arts program teaches the basics in karate, self defense, sparring, kata and children's safety with belt progression through Black Belt. Parents may participate with their children at no additional cost as part of our Parent Helper Program. Karate uniforms are required and are available from the instructor for an additional \$38 fee. **No refunds issued after 2nd week of class.** 

Age: 4 - 14 yearsLocation: Community Rec CenterFee: \$56R/\$74NR

Code	Level/Belt	Day	Date	Time
202211-01	Beginner (white-orange)		Apr. 3 - May 22	6:00 - 6:45 p.m.
202211-02	Int/Adv (green - black)	Tues.	Apr. 3 - May 22	6:45 - 7:30 p.m.

## **ALL STAR SPORTS INSTRUCTION...**

...covers a wide variety of sports for a wide range of ages. All of our coaches and directors have experienced backgrounds in sports. Many have even played or coached at the professional level. Our coaches are trained through our own extensive coaching program, as well as being nationally certified. We want to make sports a positive experience for everyone involved. We provide quality sports instruction to children 2 years of age through high school in a fun, safe, and instructional manner. These classes are taught by All Star Sports Instruction.

#### **BASEBALL SKILLS**

Our top-notch baseball trainers will cover the importance of proper throwing mechanics,



rotational hitting, bunting, fielding, pitching and catching. Speed and agility will be added to increase core strength and mobility for added bat speed, range in the field and linear speed for base running. In-game strategies will be taught

to increase each player's overall knowledge of the game.

#### Age: 7 - 10 years

**Equipment needed:** Please bring a water bottle and glove (may bring own bat)

**Location:** Community Rec Center **Fee:** \$69R/\$90NR

Code	Day	Date	Time
202219-01	Wed.	Apr. 11 - May 23	6:30 - 7:30 p.m.

#### JR. T-BALL



The All Star approach to baseball is one that will engage all players no matter their skill level. We

have created a system that keeps the players moving and learning even while in the dugout! Players in this program will be more confident in this active class as we work on the proper mechanics of catching, throwing, fielding, base running and batting. This fun program will prepare each player for the level II, t-ball or coach-pitch leagues.

**Equipment:** Please bring a water bottle and a glove **Location:** Community Rec Center **Fee:** \$69R/\$90NR

Code	Age	Day	Date	Time
202216-01	3-4 yr	Wed.	Apr. 11 - May 23	5:00 - 5:45 p.m.
202216-02	5-7 yr	Wed.	Apr. 11 - May 23	5:45 - 6:30 p.m.

### JR. BASKETBALL

Our instructional program is designed to teach the game of basketball at a basic level while making sure the players stay active and engaged the entire class!



Fun basketball-like games will be played to teach the importance of each skill learned. Our foundation technique focuses on basic mechanics to build confidence, then adds larger challenges as we progress. Footwork is an extremely important aspect of the game. This means no players will be sitting! We will work on dribbling with each hand, passing and shooting techniques, and understanding basic offense and defense. All of our programs are based on learning teamwork and sportsmanship.

Equipment: Please bring a water bottle

**Age:** 3 - 5 years

Location: Centennial Rec Center Fee: \$69R/\$90NR

Code	Day	Date	Time
202217-01	Sat.	Apr. 7 - May 19	9:00 - 9:45 a.m.

#### BASKETBALL SKILLS LEVEL 1 & 2



The All Star Basketball trainers will focus on

individual skills as well as team play. Each session will begin with speed and agility drills that will enhance each player's ability to get up and down the court quickly, generate rapid change of direction, and create explosion to the basket. These sessions will cover ball handling, proper shooting technique, footwork, and defensive/offensive strategies. Small-sided competitions and game play will enable each player to focus and work on learned skills.

Equipment: Please bring a water bottle Location: Centennial Rec Center Fee: \$69R/\$90NR

Code	Age	Day	Date	Time
202218-01	Level 1: 6 -8 yrs.	Sat.	Apr. 7 - May 19	9:45 - 10:45 a.m.
202218-02	Level 2: 9 - 12 yrs.	Sat.	Apr. 7 - May 19	9:45 - 10:45 a.m.

### JR. SOCCER

This program will keep everyone active and engaged both mentally and physically! Our lesson plan is designed to teach the game by hiding drills in fun

games and using association techniques that get down to the player's level. Soccer is a game that is action-packed so there will be no sitting and waiting! Engaging the players at all times, we will cover simple foot skills, dribbling, passing, shooting, basic rules and even work on spreading the field. This class will not only keep the players active but will be a great base to prepare them for the next level of play. All of our programs will focus on teamwork and sportsmanship.

**Equipment:** Please bring a water bottle, shin guards and a size 4 soccer ball

Location: Centennial Rec Center Fee: \$69R/\$90NR

Code	Age	Day	Date	Time
202215	-01 3-4 y	r Mon.	Apr. 9 - May 21	5:45 - 6:30 p.m.
202215	-02 5-7 y	r Mon.	Apr. 9 - May 21	6:30 - 7:15 p.m.

## PARENT-TOT SPORTS



This class is great for improving simple motor skills such as catching, throwing, batting, shooting, passing, and anything that involves hand-eye

coordination. Parents participate with the child as we play soccer, basketball, hockey, t-ball, and many other sports. All equipment is provided.

Age: 2 - 3 years w/ parent Location: Centennial Rec Center Fee: \$69R/\$90NR

Code	Day	Date	Time				
202113-01	Mon.	Apr. 9 - May 21	5:00 - 5:45 p.m.				







Check out this free program for military veterans of all eras!

Qualified veterans receive:

- A free, one-year fitness membership at their local park district or village fitness center
- Free personal training sessions
- Free monthly events to network with fellow veterans and family members

Contact the Addison Park District at 630-233-7275 (option 3) or NEDSRA at 630-620-4500 for information.

### IGLA GIRLS LACROSSE LEAGUE

Be a part of a youth lacrosse league exclusively for girls. The emphasis of this program is to develop the girl within the sport of lacrosse. The goals of the program are to understand the rules of lacrosse, active teamwork, sportsmanship, and foster personal development in a respectful environment led by positive coaching. IGLA has adopted the US Lacrosse "PLAYERS FIRST"



ATHLETE DEVELOPMENT MODEL which means smaller fields and smaller number of players. Kids are more engaged, get more touches on the ball, and further develop their skills. IGLA offers two levels of play: Pink and Purple. Both are recreational, community lacrosse.

League Uniform: IGLA pinny is required and may be purchased during registration at www.iglax.org. Equipment: A stick, goggles, and mouth guard required. Location: Hadley Junior High, 240 Hawthorne Blvd., Glen Ellyn Instructor: IGLA Girls Lacrosse

#### **PINK LEVEL (BEGINNER)**

Pink teams practice once a week. 8U and 10U: 6:00 - 7:00 p.m. on Tuesdays 12U and 14 U: 6:00 - 7:15 p.m. on Tuesdays

#### PURPLE LEVEL (ADVANCED)

Players must attend an assessment (visit iglax.org for dates and locations). Current Purple level players do not need to attend the assessment and may register directly for the league. Purple teams practice twice a week. 8U and 10U: 6:00 - 7:00 p.m. on Tuesdays and Thursdays 12U and 14 U: 6:00 - 7:15 p.m. on Tuesdays and Thursdays

#### HOW TO REGISTER

Registration for all programs is a two step process: Pay the Addison Park District and register at www.iglax. org Sign Up or Sponsor (Fall 2017 Pink League or 6U Fundamentals Clinic; Purple players will register and pay the league fee at the Addison Park District, but will receive their IGLA registration link directly through IGLA.) All registrations at www.iglax.org are due by 9/1/17; a late fee will be assessed on any registrations received at www.iglax.org after 9/1/17.

Code	Ages	Day	Date	Time	Fee
202239-01	Pink U8	Sunday	April 8 - June 3	12:00 - 2:00 p.m.	\$200
202239-02	Pink U10	Sunday	April 8 - June 3	12:00 - 3:00 p.m.	\$200
202239-03	Pink U12	Sunday	April 8 - June 3	1:00 - 4:00 p.m.	\$200
202239-04	Pink U14	Sunday	April 8 - June 3	2:00 - 5:00 p.m.	\$200
202239-05	Purple U8	Sunday	April 8 - June 3	12:00 - 2:00 p.m.	\$300
202239-06	Purple U10	Sunday	April 8 - June 3	12:00 - 3:00 p.m.	\$300
202239-07	Purple U12	Sunday	April 8 - June 3	1:00 - 4:00 p.m.	\$300
202239-08	Purple U14	Sunday	April 8 - June 3	2:00 - 5:00 p.m.	\$300

#### IGLA GIRLS LACROSSE U6 FUNDAMENTALS CLINIC

Are you ready to start lacrosse? Join IGLA this spring for a weekly one hour clinic for the younger lacrosse player. These clinics are exclusively for girls in Kindergarten through 1st grade that want to learn the Fundamentals of lacrosse. The goals of this program are to introduce and develop basic skills for our youngest players using fun games and coaching techniques. **Equipment:** Sticks available and soft balls provided. No goggles or mouth guard required.

Equipment	Equipment steks available and solt balls provided. No goggles of mouth guard required				
Age: 5-6Location: Hadley Ju			unior High, 240 Hawthorne Blvd., Glen Ellyn		
Fee: \$130 Instructor: IGLA Gir			rls Lacrosse		
Code	Day	Date	Time		
202240 -01	Tuesday	April 17 - May 22	6:00 - 7:00 p.m.		

## SERVE CITY ATHLETICS

Serve City Athletics was designed to meet one simple but crucial need in today's world. We exist to provide young athletes with excellent training where they are surrounded by coaches and leaders who care about who they are as a person. With that goal in mind we are able to excel to the top, as athletes want to join our programs because we attract excellent coaches who attract amazing young people!

#### SERVE CITY VOLLEYBALL SKILLS TRAINING



Do you play volleyball at school or for a club team? This program is designed to help develop your volleyball skills while improving

your volleyball IQ. By the end of the program, you will feel comfortable in the game, understand rotation and command the court. The skills taught will be age appropriate. From a beginner to the experienced, this program will take their game to the next level. Participants will receive a free uniform.

**Location:** Community Recreation Center

Fee: \$60R/\$80NR

Instructor: Serve City Athletics

Code	Age	Day	Date	Time
202213-01	7-10 yrs	Tues.	Apr. 3 - May 8	5:00 - 6:00 p.m.
202213-03	11-14 yrs	Tues.	Apr. 3 - May 8	6:00 - 7:00 p.m.
202213-02	7-10 yrs	Tues.	May 15 - June 19	5:00 - 6:00 p.m.
202213-04	11-14 yrs	Tues.	May 15 - June 19	6:00 - 7:00 p.m.

## SERVE CITY BASKETBALL SKILLS TRAINING



Do you play basketball at school or for a travel team? This program is designed to help develop you as a skilled player. By the end of

the program, you will feel comfortable in the game, understand game play and command the court. All drills and skills taught will be age appropriate. This program is designed for those with some basketball experience looking to enter into a more competitive environment and take their game to the next level. Participants will receive a free uniform.

**Location:** Community Recreation Center **Fee:** \$60R/\$80NR

Instructor: Serve City Athletics

Code	Age	Day	Date	Time
202214-01	7-10 yrs	Thurs.	Apr. 5 - May 10	5:00 - 6:00 p.m.
202214-02	11-14 yrs	Thurs.	Apr. 5 - May 10	6:00 - 7:00 p.m.
202214-03	7-10 yrs	Thurs.	May 17 - Jun. 21	5:00 - 6:00 p.m.
202214-04	11-14 yrs	Thurs.	May 17-Jun. 21	6:00 - 7:00 p.m.

Looking for football and cheerleading registration? See page 57.

## SERVE CITY YOUTH VOLLEYBALL LEAGUE

Join us this spring for a fun, skill based volleyball league. This league is open to 3rd-8th graders looking to get exposed to the



sport of volleyball or want to continue their skill development. Games will be played on Sunday afternoon. The first meeting will be skill evaluations to determine team selection by Serve City Athletic Coaches. Each game date will have time for skill development and game play. Each participant will receive a shirt. Please bring a water bottle to all games. **No class on May 27.** 

**Location:** Community Recreation Center, 120 E Oak St **Fee:** \$80R/\$105NR

Code	Grade	Day	Game Dates	Time
202233-01	3rd-5th	Sun.	Apr. 8 - June 17	12:00 - 2:00 p.m.
202233-02	6th-8th	Sun.	Apr. 8 - June 17	12:00 - 2:00 p.m.





#### **PARENT & TOT GYMNASTICS**

Over, under, forward and back; there's adventure in every class! With the help of parents, this class will explore the four areas of gymnastics (bars, beam, vault and tumbling). Children will learn skills related to jumping, skipping, rolling, climbing and balancing.

Age: 18 Months - 3 years, with parent

Code	Day	Date	Time	R/NR
202101-01	Mon.	Apr. 2 - May 7	6:35 - 7:10 p.m.	\$72/75
202101-02	Tue.	Apr. 3 - May 8	10:35 - 11:05 a.m.	\$72/75
202101-03	Tue.	Apr. 3 - May 8	6:30 - 7:05 p.m.	\$72/75
202101-04	Wed.	Apr. 4 - May 9	9:30 - 10:05 a.m.	\$72/75
202101-05	Wed.	Apr. 4 - May 9	6:30 - 7:05 p.m.	\$72/75
202101-06	Thu.	Apr. 5 - May 10	9:30 - 10:05 a.m.	\$72/75
202101-07	Sat.	Apr. 7 - May 12	9:00 - 9:35 a.m.	\$72/75
202101-08	Sat.	Apr. 7 - May 12	11:00 - 11:35 a.m.	\$72/75

#### **BOYS' BEGINNING GYMNASTICS**

This introduction to boys' gymnastics will feature skills and exercises on the floor, parallel bars, high bar, rings, pommel horse and vault as well as strength, flexibility and endurance. Age: 5 – 12 years

Code	Day	Date	Time	R/NR
202207-01	Mon.	Apr. 2 - May 7	6:30 - 7:30 p.m.	\$80/83
202207-02	Sat.	Apr. 7 - May 12	11:00 a.m 12:00 p.m.	\$80/83

the help of a parent. Age: 3 – 4 years Code Day Date 202202-01 Mon. Apr. 2 - May 7 202202-02 Tue. Apr. 3 - May 8 10:00 - 10:45 a.m. \$74/77 202202-03 Tue. Apr. 3 - May 8 6:20 - 7:05 p.m.

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202202-04	Wed.	Apr. 4 - May 9	10:15 - 11:00 a.m.	\$74/77
202202-05	Wed.	Apr. 4 - May 9	6:20 - 7:05 p.m.	\$74/77
202202-06	Thu.	Apr. 5 - May 10	10:45 - 11:30 a.m.	\$74/77
202202-07	Thu.	Apr. 5 - May 10	5:30 - 6:30 p.m.	\$74/77
202202-08	Sat.	Apr. 7 - May 12	9:00 - 9:45 a.m.	\$74/77
202202-09	Sat.	Apr. 7 - May 12	10:00 -10:45 a.m.	\$74/77

#### **TUMBLING TIMES TUMBLING 1**

Tumblers will learn progressions from forward and backward rolls up through front and back walkovers.

Age: 6 - 14 years

Code	Day	Date	Time	R/NR
202209-01	Tue.	Apr. 3 - May 8	7:15 - 8:15 p.m.	\$80/83
202209-02	Thu.	Apr. 5 - May 10	5:30 - 6:30 p.m.	\$80/83

#### **TUMBLING TIMES TUMBLING 2**

This class is for tumblers who can do a back and front walkover and are ready to learn back handsprings and back tucks. This class is the advanced version of Tumbling 1.

Age: 7 - 14 years

Code	Day	Date	Time	R/NR
202210-01	Tue.	Apr. 3 - May 8	7:15 - 8:15 p.m.	\$80/83
202210-02	Thu.	Apr. 5 - May 10	6:45 - 7:45 p.m.	\$80/83

All Tumbling Times classes are held at 400 S. Rohlwing Road, Addison, 60101

Learn gymnastics body positions as well as beginning skills on

the bars, floor, springboard and balance beam. All participants

must be potty trained and be able to follow directions without

Time

R/NR

\$74/77

10:45 - 11:30 a.m. \$74/77

TINY TIMES GYMNASTICS

#### SUPER TIMES GYMNASTICS

The gymnastics adventure continues! Swinging, rolling, jumping and balancing; children will learn skills on the bars, floor, springboard and balance beam. All participants must be able to follow directions without a parent.

Age: 5 - 6 years

**Location:** Tumbling Times Gymnastics

Code	Day	Date	Time	R/NR
202203-01	Mon.	Apr. 2 - May 7	10:45-11:30 a.m.	\$74/77
202203-02	Mon.	Apr. 2 - May 7	4:15 - 5:00 p.m.	\$74/77
202203-03	Tue.	Apr. 3 - May 8	10:00 - 10:45 a.m.	\$74/77
202203-04	Tue.	Apr. 3 - May 8	4:15 - 5:00 p.m.	\$74/77
202203-05	Tue.	Apr. 3 - May 8	6:20 - 7:05 p.m.	\$74/77
202203-06	Wed.	Apr. 4 - May 9	11:00 - 11:45 a.m.	\$74/77
202203-07	Wed.	Apr. 4 - May 9	5:30 - 6:15 p.m.	\$74/77
202203-08	Thu.	Apr. 5 - May 10	10:45 - 11:30 a.m.	\$74/77
202203-09	Thu.	Apr. 5 - May 10	5:30 - 6:20 p.m.	\$74/77
202203-10	Sat.	Apr. 7 - May 12	9:00 - 9:45 a.m.	\$74/77
202203-11	Sat.	Apr. 7 - May 12	10:00 - 10:45 a.m.	\$74/77

#### **BEGINNER GYMNASTICS: LEVEL 1**

Learn skills on the traditional gymnastics events, including tumbling, bars, vault and beam. Children who have never taken gymnastics should enroll in Beginner 1.

Age: 6 - 14 years

**Location:** Tumbling Times Gymnastics

Code	Day	Date	Time	R/NR
202205-01	Mon.	Apr. 2 - May 7	4:15 - 5:15 p.m.	\$80/83
202205-02	Mon.	Apr. 2 - May 7	5:30 - 6:30 p.m.	\$80/83
202205-03	Tue.	Apr. 3 - May 8	4:15 - 5:15 p.m.	\$80/83
202205-04	Tue.	Apr. 3 - May 8	6:00 - 7:00 p.m.	\$80/83
202205-05	Tue.	Apr. 3 - May 8	7:00 - 8:00 p.m.	\$80/83
202205-06	Wed.	Apr. 4 - May 9	4:15 - 5:15 p.m.	\$80/83
202205-07	Wed.	Apr. 4 - May 9	5:30 - 6:30 p.m.	\$80/83
202205-08	Thu.	Apr. 5 - May 10	5:30 - 6:30 p.m.	\$80/83
202205-09	Sat.	Apr. 7 - May 12	10:00 - 11:00 a.m.	\$80/83
202205-10	Sat.	Apr. 7 - May 12	11:00 a.m 12:00 p.m.	\$80/83

#### **NINJA WARRIOR**

Challenge your inner ninja with our Ninja Warrior class! Ninjas will gain endurance and strength with our Ninja Warrior obstacle courses! Climb, crawl, jump, flip, hang, and swing your way through a different course each week. Class includes our official Ninja Warrior headband.

Age: 5 - 12 years

Code	Day	Date	Time	R/NR
202208-01	Wed.	Apr. 4 - May 9	4:30 - 5:15 p.m.	\$80/83
202208-02	Thu.	Apr. 5 - May 10	4:15 - 5:00 p.m.	\$80/83
202208-03	Fri.	Apr. 6 - May 11	4:15 - 5:00 p.m.	\$80/83

#### **BEGINNER GYMNASTICS: LEVEL 2**

Participants master the skills developed in Beginner 1, while learning new skills on floor, bars, beam and vault. Gymnasts who have previously taken gymnastics may sign up for Beginner 2 but must demonstrate the required skills of a Level 2 gymnast.

Age: 7 - 14 years

Code	Day	Date	Time	Fee
202206-01	Mon.	Apr. 2 - May 7	5:30 - 6:45 p.m.	\$84/87
202206-02	Tue.	Apr. 3 - May 8	5:30 - 6:45 p.m.	\$84/87
202206-03	Wed.	Apr. 4 - May 9	6:00 - 7:15 p.m.	\$84/87
202206-04	Thu.	Apr. 5 - May 10	5:30 - 6:45 p.m.	\$84/87
202206-05	Sat.	Apr. 7 - May 12	11:00 a.m 12:15 p.m.	\$84/87

Register early for programs. Decisions on whether to cancel programs are usually made 1 week prior to start date if minimum is not met.

## **LEARN TO SKATE & PRE HOCKEY**

So many young children dream of being a figure skater and twirling in the spotlight or a pro hockey player and playing for the Stanley Cup! The Elite Edge Skating Academy and Pre-Hockey Classes can start them



on the path with our programs. Many of our instructors have been coaching skating for more than 20 years and were themselves competitive skaters and coaches. They bring a vast background in education, experience and quality instruction to the ice, helping your child learn to enjoy this beautiful sport! One make-up session will be allowed and must be within the session class missed and approved by the Figure Skate Director. Location: All classes take place at Addison Ice Arena, 475 S. Grace Street, Addison, 60101

Visit B & R Sports Pro Shop located at the rink for youth hockey gear packages - (630) 543-6209 No class on: May 28, May 29, May 31 or Jun. 2

EQUIPMENT REQUIREMENTS & REMINDERS:

- 1. Skate rental is available at the ice rink for \$4 per class 2. Dress warm for all classes
- 3. Gloves and helmets (bike helmets acceptable) are highly recommended (mandatory for tots)4. Pre-Hockey full hockey gear is required

## ICE SKATING TOT 1

This class is designed to make your child's first formal skating experience a fun one. Correct falling and getting up, marching and dips in place.

<b>Age:</b> 3 - 5 years		<b>Fee:</b> \$127		
	Code	Day	Date	Time
	202227-01	Sat.	Apr. 21 - June 9	9:30 - 10:10 a.m.
	202227-02	Mon.	Apr. 23 - June 11	4:30 - 5:10 p.m.

## **ICE SKATING TOT 2**

This class is for tots who have successfully completed Tot 1. March forward and glide, dip while moving, and perform backward wiggles and forward swizzles.

<b>Age:</b> 3 - 5 years		<b>Fee:</b> \$127		
	Code	Day	Date	Time
	202228-01	Sat.	Apr. 21 - June 9	9:30 - 10:10 a.m.
	202228-02	Mon.	Apr. 23 - June 11	4:30 - 5:10 p.m.

### **ICE SKATING TOT 3**

This class is for the tot that has successfully completed Tot 2. Skaters will learn forward pumps and beginning crossovers, backward swizzles, forward snowplow stops and curves. All tots must have gloves and a helmet. Dress warm.

Age: 3 - 5 years		rs	<b>Fee:</b> \$127	
	Code	Day	Date	Time
	202229-01	Sat.	Apr. 21 - June 9	9:30 - 10:10 a.m.
	202229-02	Mon.	Apr. 23 - June 11	4:30 - 5:10 p.m.

## ICE SKATING BASIC 1

This class is designed for beginning skaters ages 6 and up. Skaters will learn the very beginning skills to ice skating and to become comfortable on the ice. Skaters must wear gloves.

Age: 6 and 6	lder	<b>ree:</b> \$130	
Code	Day	Date	Time
202230-01	Sat.	Apr. 21 - June 9	9:30 - 10:20 a.m.
202230-02	Mon.	Apr. 23 - June 11	4:30 - 5:20 p.m.

## **ICE SKATING BASIC 2**

This class is for skaters who have successfully completed Basic 1. Skaters will begin to incorporate forward pumps and glides as well as more difficult techniques.

Age: 6 and older Fee: \$136

Code	Day	Date	Time
202231-01	Sat.	Apr. 21 - June 9	9:30 - 10:20 a.m.
202231-02	Mon.	Apr. 23 - June 11	4:30 - 5:20 p.m.

## PRE-HOCKEY

Skaters here must pass the Basic 2 class beforehand. When registering for Pre-Hockey, emphasis will be on skating, stick handling, passing and shooting techniques. Full equipment is required.

<b>Age:</b> 4 - 12 years		<b>Fee:</b> \$150	
Code	Day	Date	Time
202232-01	Tue.	Apr. 24 - June 12	4:35 - 5:15 p.m.
202232-02	Thu.	Apr. 26 - June 14	4:10 - 4:50 p.m.

## **OPEN GYM BASKETBALL**

The Addison Park District Open Gym basketball program is available to Addison residents of all ages. Open Gym is for Addison residents only, specifically those persons residing within the Addison Park District boundaries. School District 4 and Addison Trail High School students with student identification will be admitted. Students of District 15 may also be admitted provided they are Addison Park District residents. All those wishing to participate in Open Gym must bring some proof of residency, as well as their own basketball. No one will be admitted without proof of residency. **Open Gym is designated for basketball play only.** 

#### Location: Centennial Rec Center Gymnasium

Age	2 Hour Open Gyms	4 hour Open Gym
8th Grade & Younger	\$3	\$5
High School & Older	\$4	\$6

#### EXTENDED OPEN GYM DAYS (1-5 P.M.): Mar. 26-30 NO OPEN GYM ON THE FOLLOWING DAYS: Mar. 2

#### **BASKETBALL OPEN GYM HOURS**

CENTENNIAL REC CENTER GYM			
SUNDAY	MONDAY	WEDNESDAY	FRIDAY
6 - 9 p.m.	3 - 5 p.m.	3 - 5 p.m.	3 - 5 p.m., 6 - 9 p.m.

Schedule subject to change.

Check the website or with gym attendant for the updated schedule.



### 3 ON 3 MARCH MADNESS BASKETBALL TOURNAMENT

Join us for a double elimination tournament. Teams will be comprised of 3 or 4 players on a roster. This quick action tournament will be sure to be a blast for your team. Team registration accepted only. Download the tournament entry fee on our website www.addisonparks.org. This tournament is sure to fill quickly. Be sure to register no later than March 12 to insure your team has a chance to compete.

MAR 12

**REGISTRATION DEADLINE** 

**Location:** Army Trail School, 346 Army Trail Blvd. **Team Fee:** \$50

Code	Grade	Day	Date
202238-01	3rd & 4th Boys	Sat.	March 24
202238-02	3rd & 4th Girls	Sat.	March 24
202238-03	5th & 6th Boys	Sat.	March 24
202238-04	5th & 6th Girls	Sat.	March 24
202238-05	7th & 8th Boys	Sat.	March 24
202238-06	7th & 8th Girls	Sat.	March 24
202238-07	High School Boys	Sat.	March 24
202238-08	High School Girls	Sat.	March 24

#### PICKLEBALL OPEN PLAY Tues. & Thurs. from 10:00 a.m. - 1:00 p.m.

Get your friends together and come out and try your hand at Pickleball. Learn the fastest-growing racket sport in America. Pickleball combines tennis, badminton and ping pong for a fun game. Pickleball is played on a badminton court with the net lowered to 34 inches at the center. It is played with a perforated plastic baseball (similar to a wiffle ball) and composite paddles. The game is easy for beginners to learn but can develop into a quick, fast-paced, competitive game for experienced players. **Pay at the front desk before entering the gym. Age:** 18 years and older

Location: Centennial Rec Center Gym

	Resident	Non-Resident
Daily Drop-In	\$2	\$3
10-Punch Card	\$10	\$20

## Athletics

Register at addisonparks.org or call (630) ADD-PARK



## **ADULT ATHLETICS**

### MEN'S BASKETBALL LEAGUE

Ten-game schedule for all teams. Teams must provide their own colored jerseys/shirts with numbers. Team registration only. Roster minimum is 6 players with a maximum of 12 players. League format will be determined by the final number of teams registered. Please visit www.addisonparks.org for further details and league rules or call 630-656-6202 to reserve your team's spot in our leagues. **No games May 27.** 

Age: 18 years and older

**Location:** Army Trail School, 346 Army Trail Blvd. **Team Fee:** \$500

Code	Day	Date	Game Times
202402-02	Sun.	Apr. 8 - June 17	5, 6, 7, 8 p.m.
202402-01	Thur.	Apr. 12 - June 7	6:30, 7:30, & 8:30 p.m.

## CO-ED ADULT VOLLEYBALL LEAGUE

Come join this fun and organized league. All are welcome regardless of ability. League has a 10-week schedule - 3 games/ match. Team registration accepted only. Roster minimum is 6 players with a maximum of 10 players. Teams must have a minimum of 3 females on the roster in order to play. League format will be determined by the final number of teams registered. Please visit www.addisonparks.org for further details and league rules or call 630-656-6202 to reserve your team's spot in our leagues. **No games on May 28**.

Age: 18 years and older

Age: 18 years and older

Location: Centennial Rec. Center

**Team Fee:** \$300

Code	Day	Date	Game Times
202403-01	Mon.	Apr. 2 - June 11	6:30, 7:30 or 8:30 p.m.

### MARCH MADNESS PICKLEBALL TOURNAMENT

#### Saturday, March 24, 8 a.m. - 12 p.m.

Pickleball is a mix of ping-pong, tennis and badminton, played on a mini tennis court with an oversized paddle and ball similar to a whiffle ball. It is fast, fun, addictive and can be played by people of all ages and athletic abilities. Tournament format will be round robin play using a scoring system based on points scored. Register by yourself, no partner needed.

Age: 18 years and older Location: Centennial Rec Center Fee: \$20R

Code	Level
202409-01	Beg 3.0
202409-02	Int 3.5
202409-03	Int/Adv 4.0
202409-04	Adv 4.5

### PICKLEBALL CLINIC

Pickleball is a fun sport for all ages and ability levels. Pickleball is good for people new to racquet sports, experienced racquet sport participants, those who love strategy and anyone who just wants to get some exercise. Some of the basic skills that are covered in this class include: posture, ready position, grip/paddle angle, comfort zone, dinks, footwork for dinks, push it forward, keep it low, scoring, two-bounce rule, forehand and backhand shots, third shot drop, lobs, overheads, court positioning, serve and return of serve. **Advanced Class will be drills only.** 

Age: 18 years and older

Location: Centennial Rec Center Gym

Fee: \$25R/\$42NR Instructor: Jose Sosa

Code	Level	Day	Date	Time
202401-01	Adv./ Drills	Tue.	Apr. 10 - May 15	9:00 - 10:00 a.m.
202401-02	Beg./ Int.	Tue.	Apr. 10 - May 15	12:00 - 1:00 p.m.

### SUMMER ADULT SOFTBALL LEAGUES

Get your team together for our summer softball leagues. A variety of nights and leagues are available to new teams or veteran teams. 12" & 16" men's leagues along with 14" co-ed recreational leagues are offered. Games will be played at either Centennial Park (1776 Centennial Place/Addison) or Nike Park (200 S. Rohwling Road/Addison). League play begins mid-May and runs through the end of July. Teams will play a 10-game season with a playoff for the top teams in each league. Prize money awarded for regular season and playoffs. Please visit www.addisonparks.org for further details and league rules or call 630-656-6202 to reserve your team's spot in our leagues.

Age: 18 years and older

No Games 5/27, 5/28, 7/4

#### Team Fee: \$500

Code	Day	Date	Time	League
302403-01	Mon.	May 14 - July 23	6:30 - 10:30 p.m.	Men's 40 & Over 16"
302403-02	Tue.	May 15 - July 17	6:30 - 10:30 p.m.	Co-Ed 14"
302403-03	Wed.	May 16 - July 18	6:30 - 10:30 p.m.	Men's 12"
302403-04	Thu.	May 17 - July 19	6:30 - 10:30 p.m.	Men's 16"
302403-05	Sun.	May 13 - July 22	5:00 - 9:00 p.m.	Men's 16"
302403-06	Sun.	May 13 - July 22	5:00 - 9:00 p.m.	Men's 12"

### HIGH SCHOOL BASKETBALL LEAGUE

In this intramural style basketball league, each team will play 8 regular season games, starting in April, followed by a postseason tournament. Registration must be done by team only. No individual registration will be accepted. Each team determines their own roster. All teams must have an adult representative on the bench during all games. Team captains should register their team by March 12. Teams are responsible for providing their own shirts/jerseys with numbers and practice times are not provided for teams in this league as part of the team fee. **Games will be played on Sun. afternoon.** Leagues may be combined due to enrollment needs. Please visit www.addisonparks.org for further information or call 630-656-6202 to reserve your team's spot in the league.

#### MAR 23 REGISTRATION DEADLINE

**Location:** Army Trail School, 346 Army Trail Blvd. No Games May 27. **Team Fee:** \$350

Code	League	Day	Game Dates
202301-01	Freshman/Sophomore	Sun.	Apr. 8 - June 10
202301-02	Junior/Senior	Sun.	Apr. 8 - June 10



#### SPRING FLING DODGEBALL TOURNAMENT

This dodgeball tournament will have divisions for both youth and adult. Teams of 6 will compete in matches throughout the day to see who will come out on top and unscathed. Team may consist of all boys, all girls or mixed. This day of dodgeball action will be sure to bring fun for everyone. The tournament will be pool play and guarantee all teams at least 3 matches. Rosters can consist of 6-8 people per team. Registration is done by teams only. No individual registration will be accepted. Download the team registration form from www.addisonparks.org. Register early as space is limited for all age categories. **Game times will be determined after the final number of teams is determined for the tournament.** 

MAR 19

#### **REGISTRATION DEADLINE**

**Location:** Centennial Recreation Center, 1776. W. Centennial Pl.

#### **Team Fee:** \$75

Code	Grade/Age	Day	Date
202601-01	3rd & 4th Grade	Sat.	March 31
202601-02	5th & 6th Grade	Sat.	March 31
202601-03	7th & 8th Grade	Sat.	March 31
202601-04	High School	Sat.	March 31
202601-05	Adult	Sat.	March 31



Register at addisonparks.org or call (630) ADD-PARK



## SPRING HOURS

(MEMORIAL DAY - LABOR DAY)

Monday - Friday:	5:30 a.m 10:00 p.m.
Saturday:	7:00 a.m 8:00 p.m.
Sunday:	8:00 a.m 5:00 p.m.
<b>Facility closed East</b>	er Sundav

Facility closed Easter Sunday

Spring Break Special: March 1-31

1 month student membership - \$36

### Daylight Savings Special: March 9 - 11

Sign up for a membership between March 9-11 and get and get a month free. Minimum of 6-month membership must be purchased.

#### Refer A Friend: April 3 - 28

Refer a friend and when they purchase a membership both of you will receive two months free. (Annual and 2-year memberships only.)

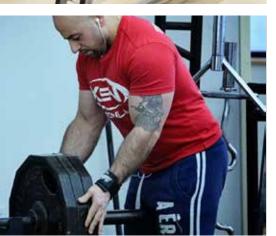
### Flick & Float: March 30

Spring Fitness Specials

Come to the pool for a showing of Hop, 6:30 - 8:00 p.m. The movie is free for members, \$2 for non-members







Upfront Payment						
Membership Type 6-Month Annual 2-Year						
Adult	\$233	\$395	\$633			
Family of 2	\$373	\$717	\$1,147			
Family of 3	\$408	\$794	\$1,270			
Family of 4	\$441	\$856	\$1,369			
Senior	\$160	\$264	\$422			
Student	\$160	\$264	\$422			

#### MEMBERSHIP AGES

- Adult Membership: Individual person, age 18 years or older, without valid student ID.
- Student Membership: Individual person, age 14-23 years, must present valid student ID upon enrollment.
- Senior Membership: Individual person, age 62 or older.
- Minimum age for Club Fitness Membership is 14 years.

## **PERSONAL TRAINING**

TRAINING	RATE	MEMBER RATE
1 P.T. Session	\$56	\$49
5 P.T. Sessions	\$263	\$230
10 P.T. Sessions	\$504	\$441
15 P.T. Sessions	\$714	\$624

## **COUPLE/GROUP TRAINING**

Register as a couple or group of 2-4 members. Group training is different than the group fitness classes. In group training, participants will be doing different things at their own customized level of ability or fitness. In addition to cost savings, with group training you get the added benefit of motivation from your peers.

TRAINING	RATE per person/ per session	MEMBER RATE per person/per session
3 P.T. Sessions	\$44	\$39
5 P.T. Sessions	\$42	\$36
10 P.T. Sessions	\$39	\$34





Monthly Payment				
Membership Type Annual 2-Year				
Adult	\$44	\$70		
Family of 2	\$74	\$117		
Family of 3	\$82	\$131		
Family of 4	\$90	\$140		
Senior	\$34	\$44		
Student	\$34	\$44		

## Veterans & First Responders

Membership Type	13 Months
Adult	\$288

With proper identification

## CHILDCARE AT CLUB FITNESS

Childcare available when you are working out.Monday - Friday:8:30 a.m. - 1:00 p.m.Monday - Thursday:5:00 p.m. - 8:30 p.m.Saturday:8:00 a.m. - 12:00 p.m. ONLY

## MEMBERS' UNLIMITED CHILDCARE PACKAGES:

3-month childcare package	\$99
6-month childcare package	\$175
Annual childcare package	\$275

CHILDCARE		
PARENT PER CHILD RATE PER H		
Club Fitness Member	\$4	
Club Fitness Non-Member	\$5	

Save money by purchasing a childcare package

## CORPORATE MEMBERSHIPS

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We offer corporate rates for groups of five or more. Please call Josie Kish for more information at (630) 656-6203

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## ADDISON ROAD WARRIORS RUNNING CLUB

Are you currently a runner or thinking about getting into running? Joining a running club has great advantages for all running abilities! Our club will incorporate various distances, paces, and surfaces to perform your best. It will provide guidance on goal setting, strengthening, flexibility and nutrition geared specifically for runners. Local races will also be targeted in this program.

Age: 16 years and olderLocation: Club FitnessFee: \$35M/\$45NMInstructor: Debbie Marzano

Code	Day	Date	Time
220403-02	Tues.	Jan. 30 - Mar. 13	6:45-8:00 p.m.
220403-05	Sat.	Feb. 3 - Mar. 17	8:30-10:00 a.m.
220403-08	Tues. & Sat.	Jan. 30 - Mar. 17	Both times above
220403-01	Tues.	Mar. 27 - May 8	6:45-8:00 p.m.
220403-04	Sat.	Mar. 31 - May 12	8:30-10:00 a.m.
220403-07	Tues. & Sat.	Mar 27 - May 12	Both times above

## WELLNESS COACH

Looking for better health and vitality? Do you struggle to maintain a healthy lifestyle and find yourself repeating the same old habits and even work out regularly without seeing results? Our certified wellness coach will partner with you in helping you achieve your physical and health related goals by:

- setting realistic goals
- nutrition implementation
- relaxation, rewards and gratitude
- thinking truthfully about physical activity
- weight management habits
- · lapses and setting yourself up for continued success

Sign up at Front Desk for a session with Debbie Marzano

Package	Fee
1 hour session	\$65
6 Sessions	\$370
8 Sessions	\$465
12 Sessions	\$660

## MARCH FLASH SALE

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Check us out on Facebook and Instagram for flash sales throughout the month of March.



## INTEGRATED FITNESS TRAINING CAMP #IFTCAMP

Make the most of your workouts with our total body integrated training fit camp. You will improve your functional strength, cardio fitness, agility, endurance, and build core stability. We will start you on the road for improved overall health and fitness. Make that lifestyle change you have been putting off. Recruits will enjoy program variety, challenging and fun workouts, team support and encouragement. All classes will be held outdoors May-October weather permitting.

Age: 16 years and older Instructor: Debbie Marzano Fee: 1x/week - \$34 Member/\$43 Location: Club Fitness Code: 120404-01

Fee: 1x/week - \$34 Member/\$43 Non-Member 2x/week -\$59 Member/\$74 Non-Member 3x/week -\$80 Member/\$104 Non-Member

Purchase Run Club and #IFTcamp together and receive a 10% discount in order to perform and become conditioned to win.

Customize your schedule, choose the days and times that work best for you! #IFTcamp is offered on the following days and times:

Day	Time
Mondays	7:00 - 8:00 p.m.
Wednesdays	7:00 - 8:00 p.m.
Thursdays	7:00 - 8:00 p.m.
Saturdays	7:00 - 8:00 a.m.



Stop in anytime between 7:00 a.m. - 7:00 p.m. on February 15 and receive a free 30-minute training session on the spot. Fall in love with taking care of yourself! Offer open to Club Fitness members only.



# BUILD Your Body, Transform Your Life

The P.I.T. is a new 2,000-square-foot hard-core training area with everything you need in one place: benches, bikes, rowers, tires, kettlebells, heavy bag, ropes, and so much more.

Work on form and technique in a distraction-free environment. This is the real deal, for serious individuals. No need to go anywhere else. The motto of The P.I.T. – "Train to be the rock others break themselves against."

**Location:** The P.I.T., Club Fitness lower level

#### Schedule:

Schedules are located at Club Fitness' entrance to P.I.T.

CONSULTATION REQUIRED BEFORE ADMITTANCE TO THE P.I.T. Consultations by appointment only.

**P.I.T. Pass:** Purchase a P.I.T. Pass in increments of 5 punches. 5-100 punches will cost \$5 a punch for Club Fitness members and \$8 a punch for non-members.



## P.I.T. ALPHA TACTICAL ATHLETICS

Ready to take things to the next level? Boot camps are basic training, period! Alpha Tactical Athletics is a no-nonsense, non-apologetic approach to achieving goals based on needs, forming advanced training modalities that use science-based principles. Everything is quantified for constant improvement. This course is perfect for LEOs, first responders, firefighters and serious fitness enthusiasts. Combative sports practitioners will also benefit from these sessions.

Age: 16 years and older Fee: \$115M/\$150NM Instructor: Frank DiTuri

Code	Day	Date	Time
220402-01	Monday - Thursday	March 5 - 29	6:15 - 7:30 p.m.
220402-01	Saturday	March 3 - 24	8:00 - 9:00 a.m.
220402-02	Monday - Thursday	April 2 - 26	6:15 - 7:30 p.m.
220402-02	Saturday	April 7 - 28	8:00 - 9:00 a.m.
220402-03	Monday - Thursday	April 30 - May 24	6:15 - 7:30 p.m.
220402-03	Saturday	May 5 - 26	8:00 - 9:00 a.m.

## P.I.T. OLYMPIC LIFTING CLASS

Learn and apply basic skills and techniques that will enable you to perform various Olympic lifts, such as the Snatch or Clean and Jerk movements. The speed and power gains from the Olympic lifts will also be accompanied by various resistance exercises.

Age: 16 years and older

Location: The P.I.T., Club Fitness lower level

Fee: \$60M/80NM per person Instructor: Howard Birmingham

			5
Code	Day	Date	Time
220401-01	Wed./Fri.	March 2 - 28	7:30 - 8:30 p.m.
220401-02	Wed./Fri	April 6 - 25	7:30 - 8:30 p.m.
220401-03	Wed./Fri.	May 4 - 23	7:30 - 8:30 p.m.

## FIRST RESPONDER TRAINING IN THE P.I.T.

The village fire and police personnel will have access to the basement. Workouts will be led by the lead personal trainer. Please call for more information on pricing.

Aquatics



# SWIM LESSONS

The Learn to Swim Program is designed to enhance each participant's ability to progress from one level to the next. Swimmers are evaluated on a daily basis and can move up at any point during the program. It is not unusual for a child to repeat a level more than once before passing. The first class of each session will be the testing day that will allow us to put the child in the appropriate level.

- For exceptional results, students will be tested daily throughout the sessions and not just during the first and last day of each session.
- The swim coordinator reserves the right to reassign any students to a different ability level.
- Swimmers will receive a report card at the end of each session.
  - Swimmers will earn a new wristband indicating completion of level.

#### **PARENT-TOT**

Ages 4 months to 24 months: Infants and toddlers will develop water comfort in a safe and fun environment. Using games, songs and repetition, they will work on developing basic assisted skills that will help them transition into swimming without their parents or guardians.

#### WATER EXPLORERS

Ages 1 - 6 years: Children will learn basic breathing skills, floating and the ability to jump in chest-deep water and recover.

#### LEVEL 1: TADPOLES

Swimmers develop basic underwater explorations, supine and prone floating along with kicking.

#### **LEVEL 2: MINNOWS**

Swimmers develop skills such as gliding, treading water and freestyle fundamentals.

#### LEVEL 3: SEAHORSES

Swimmers will do glides with kicking, swim freestyle for 25 yards and learn backstroke fundamentals along with open turn push-offs.

#### **LEVEL 4: PUFFER FISH**

Swimmers will be able to swim freestyle for 50 yards, backstroke for 25 yards and learn elementary backstroke fundamentals.

#### LEVEL 5: STINGRAYS

Swimmers will be able to swim 75 yards freestyle, 50 yards of backstroke, 25 yards of elementary backstroke and learn sidestroke fundamentals.

#### **LEVEL 6: SHARKS**

Swimmers will be able to swim freestyle for 100 yards, backstroke for 75 yards, elementary backstroke for 50 yards and will learn breaststroke fundamentals.

#### **LEVEL 7: DOLPHINS**

Swimmers are separated by ability levels only, and not age.

Swimmers will be able to swim freestyle for 100 yards, backstroke for 100 yards, breaststroke for 25 yards and will learn butterfly fundamentals.

#### ADULT/YOUNG-ADULT BEGINNER LESSONS

Have you ever wanted to learn to swim, but you don't feel comfortable taking lessons now that you're an adult? Don't let age stop you! We will focus on the basics: water entry, front float, back float and breathing.



## **SPRING SWIM LESSONS**

Class Type	Day/Time	Session 1 (4 wks.) Tu: Feb. 6 - 27 Tu/Thu: Feb. 1 - 27 Thu: Feb. 1 - 22 Sat: Feb. 3-24	Session 2 (4 wks.) Tu: March 6-27 Tu/Thu: March 6-29 Thu: March 8-29 Sat. March 10-31	Session 3 (4 wks.) Tu: Apr. 3-24 Tu/Thu: Apr. 3-26 Thu: Apr. 5-26 Sat: Apr. 7-28
Tadpoles, Minnows Seahorses, Puffer Fish Stingrays & Sharks	Saturday 10:45-11:25 a.m.	220204-01	220204-02	220204-03
Tadpoles, Minnows Seahorses, Puffer Fish Stingrays & Sharks	Tuesday 7:05 - 7:45 p.m.	220202-01	220202-02	220202-03
Tadpoles, Minnows Seahorses, Puffer Fish Stingrays & Sharks	Tuesday/ Thursday 6:20 - 7:00 p.m.	220201-01	220201-02	220201-03
NEW: Adult/Young-adult beginner lessons	Thursday 7:05 - 7:45 p.m.	220405-01	220405-02	220405-03
Parent/Tot	Saturday 10:00 - 10:30 a.m.	220102-01	220102-02	220102-03
Water Explorers	Saturday 10:00 - 10:30 a.m.	220203-01	220203-02	220203-03
Level 7: Dolphins	Saturday 10:00 - 10:40 a.m.	220205-01	220205-02	220205-03

#### Sessions

(4 wk.) Session FEES: (Sat. or Tues. or Thurs. Adult) \$44 Member/ \$62 Non-Member; (Tu/Th) \$72 member/\$90 Non-member



## FAMILY OPEN SWIM FUN FOR THE WHOLE FAMILY! Saturdays 12:00 - 4:00 p.m.

Fee: Children/Seniors: \$4 at the door Adults: \$5 at the door FREE to Club Fitness Members

Parents must be in the water with children under 12 years old at all times. Access to sauna, steam room, and whirlpool is prohibited.

## ADULT INTERMEDIATE SWIM

From first timers just getting back in the water to seasoned triathletes looking to improve their speed and technique, all ages and expertise levels can benefit from these fun group workouts.

**Age:** 16 years and older **Location:** Club Fitness indoor pool **Fee:** \$44R/\$62NR

Code	Day	Date	Time
220406-01	Thur.	March 8 - 29	7:05 - 7:45 p.m.
220406-02	Thur.	April 5 - 26	7:05 - 7:45 p.m.

## **ADULT BEGINNER SWIM**

Have you ever wanted to learn to swim, but you don't feel comfortable taking lessons now that you're an adult? Don't let age stop you! We will focus on the basics; water entry, front float, back float and breathing.

**Age:** 16 years and older **Location:** Club Fitness indoor pool **Fee:** \$44R/\$62NR

Code	Day	Date	Time
220405-01	Thur.	March 8 - 29	7:05 - 7:45 p.m.
220405-02	Thur.	April 5 - 26	7:05 - 7:45 p.m.

## SWIM & STROKE CLINIC

Perfect your swim technique with this workshop: each week the swimmers will focus on the different competitive strokes including starts and turns. Drills will be incorporated to refine the mechanics of the strokes as well as endurance and speed.

Ages: 3 - 18 years Location: Club Fitness Indoor Pool Fee: \$44R/\$62NR

Code	Day	Date	Time
220206-01	Sat.	March 10 - 31	11:20 a.m 12:00 p.m.
220206-02	Sat.	April 7 - 28	11:20 a.m 12:00 p.m.

## PRIVATE SWIM LESSONS

These 30-minute lessons are open to people of all ages and abilities, including participants with special needs who want to learn basic skills or refine strokes. Days and times are personalized for your schedule. Age: All ages **Location:** Club Fitness Indoor Pool

#### # of Sessions Fee

1 Session	\$25
5 Sessions	\$115
10 Sessions	\$210

# Club Fitness Aqua Programs

## INDOOR POOL RENTAL

This rental includes the use of half of the Club Fitness indoor pool for the duration of your party. Party rental is for a maximum of two hours for 25 guests. There will be a lifeguard on duty for each rental. Music and certain activities can be provided. Use of our multi-purpose room for one hour is available. Call Erin Chapa at (630) 656-6207 for availability.

Rental	Fee (per/hour)	Max. Time
Indoor Pool	\$65	2 hours
Multi-purpose Room	\$45	1 hour





# -LIVE PAIN FREE-

Our rehabilitation services keep patients moving forward, so they can return to day-to-day work and recreational activities and remain at their optimal health without further risk of injury.

Request your free injury screen<sup>\*</sup> at Athletico Addison today!



Athletico Addison (Club Fitness) 1776 W. Centennial Pl., 2nd Floor 630-953-0343 Addison@athletico.com f in Y III & X III





LINKS & TEES GOLF DOME FACILITY 900 W. Lake Street, Addison, JL 60101 INDOOR GOLF DOME (NOV.-APR.)

Best hanging and target greens in
 Chicagoland



- Memberships and frequent-user
  discounts
- 2-for-1 Tuesdays... all season long!
- Certified golf instructors
- Flat screen TVs
- Snacks, beverages & beer available
- Large putting & chipping greens
- Monthly specials on our Facebook page

#### **Dome Hours**

#### **GOLF PRACTICE RANGE**

Monday - Friday	8:00 a.m 10:00 p.m.
Saturday	7:00 a.m 10:00 p.m.
Sunday	7:00 a.m 9:00 p.m.

#### **DOME FEES**

Golf Dome	Fees
Adult	\$14 / 30 mins
*Junior/Senior	\$12 / 30 mins
After 7pm	\$10/ 30 mins
Putting Area Only	\$5

## \* Senior 62 years and older. Junior 17 years and younger.

#### UNLIMITED GOLF DOME PASS

This pass entitles the designated holder to one bay rental December 2017 thru March 2018. Note: This pass is not transferable and not valid for outdoor golf range.

**GOLF FACILI** 

Pass Options	Valid	Daily Max.	Fee
Weekday Pass	Mon Fri only, not including holidays	3-hours	\$800
Everyday Pass	7 days a week & holidays	3-hours	\$1000
Family Member	Add to either pass	3-hours	\$500

#### PLATINUM 300 DOME CARD

This punch card entitles the holder to 10 half-hours of bay rental minutes bay rental minutes, valid through March 2018 golf dome season. It is not valid for use at the outdoor range. Receive member pricing on personal training at Club Fitness with the purchase of a platinum card. Valid year-to-date from purchase. **Fee:** \$100

## LADIES NIGHT GOLF INSTRUCTION

Gather your summer golfing friends at the dome this winter for 90 minutes of fun and useful golfing information. Your \$25 fee includes 90 minutes of dome time practice, short game practice and PGA/LPGA/USGTF certified golf coaching! Light snacks, complimentary water and a glass of wine are included. RSVP required to insure your spot. Any walk-up registration is \$30 at the door and will be taken if space is available.

Ages: 18 years and older Size: Min. 6 / Max. 24 Fee: \$25 in advance. \$30 at the door.

Code	Day	Date	Time
214403-01	Wed.	March 7	7:00 - 8:30 p.m.
214403-02	Wed.	March 21	7:00 - 8:30 p.m.
214403-03	Wed.	Apr. 4	7:00 - 8:30 p.m.
214403-04	Wed.	Apr. 18	7:00 - 8:30 p.m.
214403-05	Wed.	May 2	7:00 - 8:30 p.m.

## JUNIOR GOLF LESSONS

Our junior golf lessons will introduce the game of golf to beginners and prepare kids already with experience for golf course play. Basic fundamentals including grip, stance, swing, sand and short game will all be covered. The last week of class will put everything to the test with a round on our par 3 golf course. Class will take place rain or shine. Class will meet inside the Dome in case of inclement weather. **No class May 27. Ages:** 7 - 14 years **Size:** Min. 3/ Max. 8

Ages: 7 - 14 years Fee: \$60R/\$80NR

214201-02 Sun.

Code	Day	Date	Time
214201-01	Sun.	Apr. 8 - Apr. 29	12:30 - 1:30 p.m.
214201-03	Thu.	May 3 - May 24	5:45 - 6:45 p.m.
214201-03	Thu.	May 3 - May 24	5:45 - 6:45 p.m.

May 6 - June 3 12:30 - 1:30 p.m.

## LINKS & TEES GOLF LEAGUES

Join us this spring for a 6-week league. Green fees included. Each week we will have different competitions to keep players interested in league play. Competitions will include least putts, closest to pins, greens hit, and others. Standings will be kept week to week to determine league champions. League winners will receive Links & Tees gift cards for future use at the facility. Prizes will be determined after final registration numbers are established.

#### **Age:** 18 & up **Fee:** \$60R/\$80NR

Code	Level	Day	Date	Time
214405-01	Sr. 55 +	Mon.	Apr. 16 - May 21	9:00 - 11:30 a.m.
214405-02	Women's	Wed.	Apr. 18 - May 23	5:45 - 7:30 p.m.

All golf programs are located at Links & Tees Golf Facility 900 W. Lake Street, Addison

## **GOLF INSTRUCTORS**

Learn from our professional, award-winning staff instructors at the area's finest and most affordably priced golf practice facility. Customized group and private golf lessons are available. For additional information, please contact Todd Wilson at (630) 607-5556.

Terry Russell, PGA	(847) 276-5027
Sarah Pesavento, LPGA	(630) 781-5622

## ADULT GOLF LESSONS

This series of lessons is for beginner golfers who have little to no experience, those trying to improve their swing, or those who just need a refresher. Proper grip and set up will be the emphasis of these classes. Participants will learn to use different clubs for different situations. The last class will be on the golf course to put everything learned to the test with a round of golf on our par 3 golf course. Lessons will take place rain or shine. Class will meet inside the Dome in case of inclement weather. **No class May 27. Ages:** 18 years and older **Size:** Min. 3/ Max. 8 **Fee:** \$60R/\$80NR

#### Get Ready Golf

These lessons are for the beginner golfer looking to get exposed to the game of golf and learn the basic techniques to make the game more enjoyable.

Code	Day	Date	Time
214401-01	Sun.	Apr. 8 - Apr. 29	9:30 - 10:30 a.m.
214401-05	Tue.	May 1 - May 22	5:30 - 6:30 p.m.
214401-03	Sun.	May 6 - June 3	9:30 - 10:30 a.m.

#### Play Better Golf

These lessons are for the experienced golfer looking to improve their overall game. Golfers will be challenged with new techniques that will lower the score on their cards.

Code	Day	Date	Time
214401-02	Sun.	Apr. 8 - Apr. 29	10:30 - 11:30 a.m.
214401-06	Tue.	May 1 - May 22	6:30 - 7:30 p.m.
214401-04	Sun.	May 6 - June 3	10:30 - 11:30 a.m.

## READY, AIM, HITTING GOLF LEAGUE

Bring your two-man team for an awesome 6-week indoor golf hitting league. Teams will score points by hitting targets and zones set up at the golf dome. Matches will typically take 1 hour. Visit our website www.addisonparks.org for rules and further details about the league.

Age: 16 years	s and old	der <b>Team F</b> e	<b>ee:</b> \$100/team
Code	Day	Date	Match Time
214404-01	Thurs.	Apr. 12 - May 17	6:30, 7:30, or 8:30 p.m.





## LINKS & TEES OUTDOOR GOLF FACILITY 900 W. Lake Street, Addison, JL 60101

9-HOLE WALKING GOLF COURSE | FOOTGOLF | LIGHTED PRACTICE RANGE AND CHAMPIONSHIP SHORT-GAME AREA | PUTTER'S PEAK MINIATURE GOLF

#### **FEATURES**:

- Group golf outings
- **Birthday parties**
- **Golf** leagues
- Summer junior golf camps
- Clubhouse with concessions and outdoor beer garden
- Heated, indoor golf dome with short-game practice area (Nov.-Apr.) •
- Practice and group lessons with PGA and LPGA golf instructors •
- Facility available to rent
- Daily golf specials on Links & Tees' Facebook page
- The area's finest and most affordably priced golf practice facility

#### pring Hours: (March - April)

TRADITIONAL GOLF		
Monday – Sunday	8:00 a.m Dusk	
GOLF COURSE -	FOOTGOLF:	
Daily	8:00 a.m Dusk	
<b>GOLF PRACTICE RANGE:</b>		
Daily	8:00 a.m 10:00 p.m.	

#### **GOLF FEES**

Golf Course	Fees
Daily (M-Su)	\$12
*Junior/Senior	\$10
Twilight (after 6 p.m.)	\$8
Replay	\$8
**Early Bird (8-10 a.m.)	\$7

GOLF FACILI

\* Seniors 62 years and older. Juniors 17 years and younger.

\*\* Early Bird rates valid M-F only

FootGolf	Fees
9 holes (walking)	\$10 per person
Replay	\$5 per person

#### **GOLF RANGE FEES**

Bucket type	Fee	Jr/Sr.* Rate
Med. / Yellow (aprox. 70 balls)	\$10	\$8
Large / Green (aprox. 100 balls)	\$12	\$10
Texan (aprox. 165 balls)	\$17	\$17

Bucket fee includes use of the short game area.





## **PUTTER'S PEAK MINIATURE GOLF FACILITY** 900 W. Lake Street, Addison, IL 60101

Bring the entire family out to play the peak at Links & Tees miniature golf course. All ages will be captivated by the tall mountain peak, streams and cascading waterfalls. Have fun and aim for a hole-in-one inside the volcano cave, around the tiki statues or atop the mountain.

Miniature Golf Hours:		
MAY		
Thursday-Friday	4:00 p.m 10:00 p.m.	
Saturday– Sunday 11:00 a.m 10:00 p.m.		
JUNE-AUGUST		
Sunday-Thursday 11:00 a.m 10:00 p.m.		
Friday-Saturday 11:00 a.m 10:00 p.m.		

Putter's Peak is open May through October, weather permitting

#### **MINIATURE GOLF FEES**

	Fees
Adult	\$7
*Junior/Senior	\$5
Family of 4	\$25
Replay	\$5

\* Seniors 62 years and older.

Juniors 17 years and younger.

Fees and hours are subject to change without prior notice.

#### **CLUBHOUSE ROOM RENTAL RATES:**

	Resident Fees	Non-Resident Fees
Room A or B:	\$45 room/hour	\$60 room/hour
Main Room:	\$60 room/hour	\$95 room/hour

See page 7 for a full listing of rental rates.

#### SPECIAL EVENTS

Putter's Peak is perfect for all ages and a great place for family gatherings, birthday parties, group outings or date night. Package pricing is available for groups of 15 or more and discounts are available. To schedule your next party or gathering at Putter's Peak call (630) ADD-PARK.

Enjoy a game of golf then enter our spacious clubhouse for a refreshing beverage and delicious slice of pizza. Links & Tees' concession area features a variety of snacks as well as beer and Pepsi brand beverages.

Private Rooms A & B seat 30 people comfortably while the Main Room seats up to 40 people.

#### **BIRTHDAY PARTY PACKAGES**

Celebrate your next special day at Links & Tees with an affordable mini-golf party! Party packages are affordably priced to include:

- One round of adventure mini-golf
- Pizza, cake & beverage
- One FREE return visit pass
- Party decorations
- Party room for 2 hours
- "Happy Birthday" message on our marquee

\$150 for up to 10 children, \$15 for each additional child. Call (630) ADD-PARK to schedule your party today. Parties are available at our mini-golf course April - October ONLY, weather permitting.





## **OPEN LINE DANCING**

Kick up your heels with the Addison Park District! Get out and join us for this fun open line dancing class. Have fun meeting new people and staying active! We'll make you glad you came. Come for the entire session or buy a 5-punch card.

Age: 16 years and olderLocation: Community Rec CenterDay: TuesdaysTime: 6:00 - 9:00 p.m.

	Resident	Non-Resident
Drop-in Fee:	\$10/	week
5-Punch Pass:	\$30	\$35
10-Punch Pass:	\$50	\$60

## MOTHER'S DAY SPA ESCAPE

Looking for that special gift for that special mom? Treat them to total relaxation at the Spa Escape. They will enjoy the experience of this relaxing evening, which includes a mini facial, foot treatment, hand and lip facials and de-stressing techniques to relieve tension, which they can learn to do at home. Please wear comfortable clothing and bring a towel and washcloth.

Age: 12 years and older

Location: Centennial Rec Center Fee: \$25R/\$35NR

Instructor: Ann Marie Vlastnik

Code	Day	Date	Time
202410-01	Thursday	May 10	7:00 - 8:15 p.m.
202410-02	Saturday	May 12	10:00 - 11:15 a.m.

## **BUILDING A HEALTHY MEAL**

Each meal is a building block in your healthy eating style. Discover the many benefits of adding different colors, flavors and textures to liven up your meals. Explore creative ways with spices, teas, grains, and oils. Learn how to purchase and store them. Recipes will be available to take home.

Age: 15 years and older

Location: Centennial Rec Center Fee:\$13R/\$18NR Instructor: Ann Marie Vlastnik

Code	Day	Date	Time
202412-01	Wednesday	April 11	7:00 - 8:15 p.m.

## DRESS FOR LESS

The key to a successful wardrobe is finding the right color, style, print, and texture for you. See how to coordinate a wardrobe with 10 good pieces of clothing. Learn the importance of fashion personality, body type, and color. Find out when the best time to go shopping for designer clothes are, but buy for less.

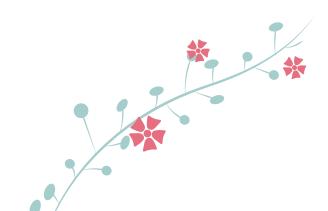
Age: 15 years and older

Location: Centennial Rec Center

Fee: \$25R/\$35NR

Instructor: Ann Marie Vlastnik

Code	Day	Date	Time
202411-01	Monday	May 21	7:00 - 8:15 p.m.



## ACRYLIC AND OIL PAINTING

Immerse yourself in the world of painting using your choice of oils, acrylics or watercolors. Artists of all levels are welcome to explore the basic elements of design, color and composition as they express themselves on canvas. You can stretch your imagination and create mixed media paintings by incorporating modeling paste, fiber, found objects and numerous other materials to give your painting dimension. Let the Picasso in you shine through. Bring several photo references the first day for subject matter and be ready to paint the first day. Supplies are not included. Pick up the supply list when registering for class. **Age:** 18 years and older

**Location:** Community Recreation Center **Fee:** \$68R/\$90NR

Instructor: Annette Leiber

Code	Day	Date	Time
202603-01	Tuesday	Mar. 13 – Apr. 17	7:00 - 9:00 p.m.
202603-02	Wednesday	Mar. 14 – Apr. 18	1:00 - 3:00 p.m.

## WATER COLORING

Enjoy this easy but fun watercolor class. Have fun using paint resist, floating pigment, gauze for patterns and working with wet-on-wet surfaces with a sponge. Learn watercolor technique through demonstrations and hands-on painting. All skill levels welcome.

Age: 18 years and older Location: Community Recreation Center Fee: \$65R/\$85NR Instructor: Margaret Bucholz

Code	Day	Date	Time
202604-01	Wednesday	Mar. 14 – Apr. 18	6:00 - 7:00 p.m.

## PENCIL SKETCHING

Enhance your drawing skills by learning the basics of shading, blending, and the use of grid when needed. We will work on toned paper, with black, white and sepia and créme pencils to create the look of a sepia old-time photo. Learn to cast shadows, reflect light and basic elements of composition. Please come to class with copies of family, pet or landscape photos or images. Reference pictures from magazines will be provided.

Age: 18 years and older

Location: Community Recreation Center Fee: \$65R/\$85NR Instructor: Margaret Bucholz

Code	Day	Date	Time
202602-01	Wednesday	Mar. 14 – Apr. 18	3:00 - 4:00 p.m



## HOW TO PAY FOR COLLEGE WITHOUT GOING BROKE



This unique workshop covers little known strategies not covered in regular college planning workshops. Don't miss the opportunity to learn new strategies available to families for planning, saving, or paying for college – strategies that can save you thousands of dollars while finding the best-fit college for your child. Free workshop but registration encouraged.

Age: 18 and older		Location: Community Rec Center		
Fee: FreeInstructor: My College F		My College Planning Team		
Code Day		Date	Time	
202404-01	Tuesday	Mar. 20	7:00 p.m. – 8:30 p.m.	

## FIND THE BEST-FIT COLLEGE

On average, college students are taking 6 years to get a 4-year degree. We will discuss ways to beat that average! We will review important factors in



preparing your child for the college search. You'll learn new ways to explore colleges for "fit" and how to engage your child in the process. This seminar will cover selecting college majors, secrets of the admissions process, and critical details of the new ACT/ SAT preparation, including ways to improve your scores. Free workshop but registration encouraged.

Age: 18 and	older	Location: Community Rec Center		
Fee: Free		Instructor: My College Planning Tear		
Code Day		Date	Time	
202405-01	Tuesday	May 22	7:00 p.m. – 8:30 p.m.	



# **ACTIVE ADULTS SENIOR CLUB**

#### **MEMBERSHIP INFO:**

Are you looking for a place to socialize and enjoy interesting programs with active people your own age? Become a member of the Addison Park District Senior Club. All programs are designed for, but not limited to, adults 55 years and better. We offer an opportunity to make new friends, have fun at special events, participate in activities, and attend educational programs. Active Adult trips include professional performances, cultural tours, restaurant dining, sports events, and casinos. Members also are on our mailing list for the bimonthly issues of "Senior Highlights," the club newsletter. Contact Teresa Grodsky, Active Adult Coordinator, at (630) 233-7275, ext. 2147 for details about bus trips, special events, and club happenings.

The Active Adult Senior Club meets every Tuesday from 12:00 - 2:00 p.m. at the Community Rec. Center, 120 E. Oak Street.

Beginning on November 1, dues will be \$10 for residents and \$20 for non-residents. This is the rate for a half year, November 1, 2017- April 30, 2018.

## **MONTHLY HAPPENINGS**

1st Tuesday	Blood sugar screening, courtesy of Pearl
10:00 - 11:00 a.m.	Health care
1st Tuesday	Senior Commission meeting in
11:00 a.m.	Conference Room
1st Tuesday	Members' birthday appreciation, sponsored by Addison Floral
2nd Tuesday	Blood pressure check, sponsored by
10:30 a.m.	Addison Township & Addison Fire District
3rd Tuesday	S.A.L.T. meetings with the Addison Police
11:00 a.m.	Department
4th Tuesday	Bingo at Club (schedule varies slightly)

## UPCOMING SPECIAL EVENTS

February 5	Leslie Goddard as Jackie Kennedy	
February 20	Mardi Gras Party	
February 28	Just Lunch and Trivia Time	
March 13	St. Patrick's Day Party	
March 29	Taters and Bingo	

## FIT & FABULOUS EXERCISE GROUP

Work out at your own level of fitness. This class focuses on stretching and mobility exercises to help maintain and enhance daily activities. This exercise group meets three times each week from 9:00 - 9:45 a.m. on Monday, Wednesday and Friday. **Location:** Community Rec Center

Fee: \$1 per class; punch cards are available at Community Rec Center (\$10 for 10 classes)

# KNIT-WHITT'S KNITTING & CROCHET CLUB

If you are looking for a great group whose mission is to help others while having fun, look no further. Handmade knitted and crocheted items are created and donated to worthy causes. The group uses donated yarn and patterns for their projects and is looking for a few more helping hands. This group meets on Mondays from 1:00 - 3:00 p.m. and is open to all Active Adult community residents age 55+.

Please stop by any time to meet the group or to join in and enjoy the day. If you have yarn or patterns that you would like to donate, please Please call Teresa Grodsky at (630) 233-7275, ext. 2147

## JUST LUNCH & TRIVIA TIME

Have lunch and a chance to socialize, play cards, or join in team trivia. February's lunch will be mild chili with salad and dessert. The menu for April lunch will be chicken salad and a salad bar. **Location:** Community Recreation Center

Fee: \$5R/\$8NR

Code	Day	Date	Time
102508-01	Wednesday	February 28	12:00 - 2:30 p.m.
202526-01	Monday	April 23	12:00 - 2:00 p.m.

## TAP DANCE FOR ACTIVE ADULTS

This tap dance class is for those with some tap dance experience. Tap is a great way to get some exercise and learn something new in a social setting. Men and women are both welcome. Tap shoes are required. If you are a beginner dancer please make the office aware of your interest, and a beginner class may be added.

Location: Community Rec Center

Fee: \$12R/\$17NR

Code	Day	Date	Time
202532-01	Wednesday	Feb.14 - April 4	10:30 - 11:15 a.m.

## **NOSTALGIA DINERS**

Nostalgia Diners group meets once a month from 10:30 a.m. - 2:30 p.m. to experience new restaurants. All trips depart from the Community Rec Center. The meal cost is on you. The fee for transportation is \$12R/\$17NR.

Day	Date	Restaurant	City	Code
Thurs.	Mar. 22	Chuck's Southern Comfort	Burbank	202537-01
Thurs.	Apr. 19	Schmalz's Deli	Naperville	202538-01



## Weekly & Drop-in

#### DANCEMANIA - DROP IN 1st and 3rd Mondays from 11:00 a.m. - Noon

Experienced instructor Mickey Kucharik teaches you all types of dance steps including ballroom, line dance, and more. You can do it all and don't need a partner to enjoy the exercise. The charge is \$5 for a class.

#### SENIOR CLUB CHORUS Tuesdays from 10:00 - 11:30 a.m.

Senior Chorus will continue on Tuesday mornings at Community Rec Center with with director, Regina Kucharik. No auditions necessary. All are welcome!

## MAHJONG

Thursdays from 9:30 a.m. - 12:00 p.m.

Come join this enthusiastic group of Mahjong players! Most participants know the game, but if you would like to learn, stop in and check it out! The drop-in fee is only \$1 for residents and \$2 for non-residents.

## FRIDAY DROP-IN PINOCHLE

Come and bring your friends! We'll provide coffee. The cost is \$1 and play begins at 9:30 a.m.

#### SILVER SWIM

Active Adults can drop in and swim at the Club Fitness heated pool. Join us year round Mon.-Fri. from noon - 2:00 p.m. for only \$4.00 per visit!

## RULES OF THE ROAD REVIEW

This class is a great refresher course for your upcoming driver's license test and is offered free of charge by the Illinois Secretary of State's office. The spring class will be on Friday, March 9 from 12:30-2:30 p.m. Please call to register at the Addison Park District, (630) 233-7275, ext. 2147



## ST. PATRICK'S DAY CELEBRATION

Don your green and come on over for our annual corned beef and cabbage lunch. Catering will be by Harrington's with entertainment following by the Nippersink Rogues. Come join the fun and sign up today!

**Location:** Community Recreation Center **Fee:** \$16R/\$21NR

Code	Day	Date	Time
202529-01	Tuesday	March 13	12:00 - 3:00 p.m.

## POLISH POLKA PARTY

Our spring party will be a Polish theme featuring a catered Polish lunch and music by Eddie Korosa. Location: Community Recreation Center Fee: \$14R/\$18NR

Code	Day	Date	Time
202530-01	Tuesday	April 17	12:00 - 3:00 p.m.

## SIX COUNTY SENIOR GAMES

Dates for the Six County Senior Games have been set and entry forms will be available after May 10. Events include track and field, swimming, pickleball, bowling, golf, team volleyball and softball and much more! Event venues are held throughout the Chicago suburbs and run from July 6- 20. To obtain an entry form, call the Addison Park District and we will add you name to the mailing list. The games is open to anyone 50 years and older!

## MARDI GRAS PARTY

Celebrate Mardi Gras with lively entertainment by the Sandi Haynes Band and a catered lunch.

**Location:** Community Recreation Center **Fee:** \$14R/\$19NR

Code	Day	Date	Time
118408-01	Tuesday	February 20	12:00 - 2:30 p.m.

## TATER AND BINGO DAY

It's National Tater Day and we will have a baked potato bar for lunch. There will be potatoes with loads of toppings. The lunch is followed by games of bingo. This is bingo for prizes, not cash. Come and bring your friends.

**Location:** Community Recreation Center **Fee:** \$5R/\$8NR

Code	Day	Date	Time
202527-01	Thursday	March 29	12:00 - 2:00 p.m.

## **BRUSH WITH ART**

Watercolors can be simple: add water to paint, brush to paper, and you're painting! Guided instruction and practice is provided for beginners while focused instruction and support is given for those who have some experience. Color, composition, and value are aspects that will be covered. Come join us... for fun and surprises! Supplies are included. Brush with Art classes are made possible through a generous grant from the JCS Fund of the DuPage Foundation. Cost of the instructors and supplies are part of the grant.

Location: Community Recreation Center

Fee: \$12R/\$15NR

**Instructor:** Pat Helbig, sponsored through the Community School of the Arts Wheaton College

Code	Day	Date	Time
202533-01	Thursday	April 5 - May 10	9:30 -11:30 a.m.



## **BRAIN GAMES**



Brain games is back and will be held monthly on the second Thursday at 11:00 a.m. This class gives you a chance to give your brain some exercise with games

and puzzles in a casual setting. There is no charge, but please register in advance as we need a minimum of 8 to hold the class.

Day	Date	Time
Thursday	February 8	11:00 a.m.
Thursday	March 8	11:00 a.m.
Thursday	April 12	11:00 a.m.

## **BOOK CLUB**



Are you an avid reader and enjoy discussing the books you read? The Addison Public Library and

the Park District are hosting a monthly book discussion at the Community Rec Center. The library provides the books and the discussion leader. The following month, on the third Monday, the group meets to discuss the book. New members are always welcome! There is no charge to join.

Day	Date	Time
Monday	February 19	10:00 - 11:00 a.m.
Monday	March 19	10:00 - 11:00 a.m.
Monday	April 16	10:00 - 11:00 a.m.

## JACQUELINE KENNEDY BY LESLIE GODDARD

Meet the former First Lady Jacqueline Bouvier Kennedy in this fascinating first person performance by Leslie Goddard. There will be lunch served before the program. Guests are always welcome.

**Location:** Community Recreation Center **Fee:** \$14R/\$19NR

Code	Day	Date	Time
102503-01	Monday	February 5	12:00 - 2:30 p.m.





Give Addison Park District gift cards in any dollar amount for gift giving. These reloadable gift cards are available throughout the year and are universally accepted at all facilities Give the gift of fitness, golf, dance and leisure for all lifestyles.

# **ADULT TRIPS**

#### Walking Key:

We've decided to step up our game and have added a walking key for our trips.

= minimal walking





## JOSEPH AND THE AMAZING TECHNICOLOR DREAMCOAT

"Joseph and the Amazing Technicolor Dreamcoat" will be performed at Drury Lane. There will be lunch before the show and includes soup, your choice of sautéed tilapia, herb roasted chicken breast, or bistro steak. Please be sure to make your menu choice at time of registration. Be sure not to miss this wonderful musical.

**Location:** Community Recreation Center, 120 E Oak St **Fee:** \$75R/\$80NR

Code	Day	Date	Time
102513-01	Thursday	February 15	10:45 a.m 4:30 p.m.

## KENDALL COLLEGE DINING ROOM

One of our favorite destinations is coming up in March. Kendall College Dining Room, located in Chicago, provides a fabulous lunch that is cooked and served by the culinary students at Kendall. The menu for this trip will include a salad, surf and turf entrée, and a special dessert. This is a very popular trip so don't wait to sign up!

**Location:** Community Recreation Center **Fee:** \$48R/\$53NR

Code	Day	Date	Time
202539-01	Wednesday	March 7	10:30 a.m 3:00 p.m.
202540-01	Friday	March 9	10:30 a.m 3:00 p.m.

## A BIT OF BLARNEY

Travel with Addison Park District and CityVentures and explore Irish Chicago. This trip includes a stop at Old St. Patrick's Church, the Irish Heritage Center, and lunch at D4 Irish Pub and Cafe. Lunch choice is pub fish and chips or corned beef and cabbage. Join us for a great day and tour!

**Location:** Community Recreation Center **Fee:** \$75R/\$80NR

Code	Day	Date	Time
202528-01	Wednesday	March 14	8:30 a.m 4:30 p.m.

## SHEN YUN TRIP

This fabulous show will be at the Paramount in Aurora. Shen Yun is a delightful and thoughtful journey over 5,000 years of myths and legends in ancient China. Visit imperial palaces, vast Mongolian grasslands, and snow-capped Tibetan peaks, and experience the mystical beauty and grace of the "middle kingdom." This is a show you won't want to miss. The fee includes balcony seats and bus transportation. There is no meal included. **Fee:** \$88R/\$93NR

Code	Day	Date	Time
202535-01	Thursday	April 5	12:00 - 4:30 p.m.

## **TENORS THREE**

The synergy of the Tenors Three will amaze you as this trio of professionally trained tenors presents diverse music encompassing Opera, Broadway, and the standard Italian favorites infused with a touch of comedy. The Italian-style buffet and entertainment will be at Starved Rock State Park. **Fee:** \$65R/\$73NR

Code	Day	Date	Time
202536-01	Monday	March 19	9:30 a.m 4:30 p.m.

## MYSTERY TOUR 18

**!!!** 

Here are some clues about our annual Mystery Tour. George Washington would like it, Santa Claus would too! It could be like a room with a view, or sound like witch's brew. The day includes three tours, lunch, and motorcoach transportation. Don't wait to sign up for the fun! Location: Community Rec Center Fee: \$68R/\$75NR

Code	Day	Date	Time
202534-01	Wednesday	April 25	8:30 a.m 4:30 p.m.





## Stay up-to-date on Addison Park District. Follow us on Facebook, Twitter, and Instagram for event updates and photos! Visit *addisonparks.org* and sign up for our

visit addisonparks.org and sign up for our enewsletter for information on events, programs and more!

/AddisonParkDistrict

@addisonparkdist

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Addison Park District

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## VOLUNTEER opportunities

The Addison Park District provides opportunities for volunteers who would like to share their talent, enthusiasm and time with the community as part of our volunteer program.

Addison Park District volunteers perform a variety of tasks each year and span all age groups. Some volunteer on a regular basis for long-term projects, while others assist with short-term activities or special events. It is the selfless dedication of volunteers to the success of our events, programs and promotions that allows the us to offer enjoyable and affordable programs to community.

If you or your service organiztion are looking for community service hours, please call (630) 233-7275.



## **Programs For Individuals With Disabilities**

Through our partnership with Northeast DuPage Special Recreation Association (NEDSRA), individuals with a disability are offered over 600 recreational opportunities each year. If you or someone you know has a disability, contact NEDSRA today for information about recreation programs and services! All ages and ability levels served.

Featuring: Special Olympics • Social Clubs • Cultural Arts Programs • Adaptive Sports • Day Camps

Check out this free program for

military veterans of all eras!

New participants receive a

\$20 discount

towards their first program registration!

Call 630-620-4500 or visit nedsra.org for more information. addisonparks.org | (630) ADD-PARK | 55



The Parks & Recreation Foundation of the Addison Park District was founded on June 18, 2003, as a not-for-profit organization. Its goals are to support, promote and encourage the expansion of education and recreation opportunities for all residents of the Village of Addison. The foundation supports healthy, active, recreational opportunities for the community.

#### **Board of Directors:**

Don Jessen, Chairperson Donald Ortale, Vice-Chair Marvel Krauter, Secretary Dean Stathopoulos, Treasurer Virginia Clark, Trustee Chip Humes, Trustee Geri Estvanik, Trustee Joe Ariano, Trustee

## COMMEMORATIVE TREE PROGRAM THE GIFT THAT KEEPS GROWING

The Addison Park District's Commemorative Tree Program is a creative way for families, organizations or corporations to honor individuals or celebrate one of life's special occasions.

Your tree is a living symbol which matures over time and can be enjoyed by the entire community. Select one with fragrant blooms or vibrant seasonal leaves to provide a lasting tribute.

> For more information about the Commemorative Tree Program, visit addisonparks.org/Parks



# addisonparks.org

AddisonParkDistrict @addisonparkdist

list @addisonparkdist

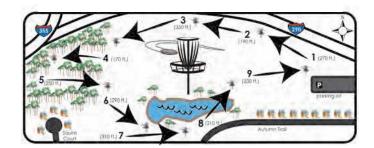
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**DISC GOLF** AT FOXDALE PARK

In response to the growing popularity of disc golf, a 9-hole (basket) course was added to Foxdale Park, 1500 N. Itasca Rd. Unlike regular golf, there is no fee to play this course, and a tee time is not required. This course does not have lighting and the park is open from dawn until dusk.

The Foxdale Park course is rated Par 3, appealing to both beginners and those wanting to improve their scoring shots. The course is set on fairly level terrain with only one water hazard.

STOP BY FOXDALE PARK TO PLAY FOR FREE - ANY SEASON!



# **COMMUNITY INFORMATION**



Providing for girls in Addison and the surrounding communities an opportunity to play organized sports

Visit our website for more information: http://www.agsp-online.com.prod.sportngin.com/

## **ADDISON RECREATION CLUB**

Celebrating over 60 years of providing the Addison community with quality youth sports! Boys Baseball, Basketball & Football Girls Cheerleading



## ADDISON UNITED SOCCER Travel Soccer U7-U14



#### www.addisonunitedsoccer.org

## INCLUSION

Inclusion provides opportunities for individuals with and without special needs to experience recreation together at the Addison Park District. Inclusion looks at the needs, interests and abilities of the individuals instead of focusing on their special needs. Inclusion supports the process of preparing, learning, experiencing and growing for each individual, family and staff member. Inclusion provides a recreational choice. The Addison Park District strongly supports inclusion. In partnership with our Special Recreation Association, NEDSRA, accommodations are provided to ensure successful participation in all programs. For more information, please contact Colleen Kline (630) 576-4038 or Steven Muenz (630) 656-6216.

## FOREST PRESERVE DISTRICT OF DUPAGE COUNTY





## SALT CREEK GREENWAY TRAIL

Explore the Salt Creek Greenway Trail with its beautiful views of prairies, rich marshes, wooded savannas and thriving streams and rivers. Whether you are a bicyclist, hiker, runner, equestrian or cross-country skier, this is the trail for you! The Salt Creek Greenway Trail winds through more than a dozen communities and serves more than 300,000 residents along its 30-mile route as it connects to the Illinois Prairie Path and numerous local trail systems.



## DOG PARK - SWIFT ROAD EAST BRANCH FOREST PRESERVE -GLENDALE HEIGHTS

Dogs with valid Forest Preserve District permits may enjoy East Branch's unfenced off-leash area at the Swift Road parking lot. Owners must have their dogs' permits in their possession when in the off-leash area. Applications for annual and daily permits are available through Visitor Services at (630) 933-7248 weekdays between 8:00 a.m. - 4:00 p.m. Rules for the off-leash area are posted at the preserve. Dogs must be on leashes no greater than 10 feet in length in all other areas of the preserve, including the parking lots.

# **GENERAL POLICIES**

#### AMERICAN DISABILITIES ACT

Addison Park District will comply with the American Disabilities Act (ADA). The Park District does not discriminate against eligible residents for participation on the basis of a disabling condition. We invite any resident with a special need to contact our staff upon registration so that a smooth inclusion may occur. Our District provides specialized services for people with disabilities through the Northeast DuPage Special Recreation Association (NEDSRA). For more information about NEDSRA, please visit them online at nedsra.org.

#### ACTIVE DUTY MILITARY FEE ASSISTANCE PROGRAM

The Addison Park District respects and admires the sacrifice of the military personnel and their families, and is able to provide fee assistance as needed by military personnel or their dependents. A fee assistance program is available to active duty military personnel and their dependents who are residents of the Addison Park District. It is the intent of the Addison Park District to provide programs, services, and facilities at little or no cost for this purpose to active military personnel and their dependents. Active **Duty Military Fee Assistance applications** are available at the Community Rec Center.

#### **CHARACTER COUNTS**

Character Counts is a nationally recognized program that structures character education around six pillars of character: trustworthiness, respect, responsibility, fairness, caring and citizenship. This program promotes a united effort on the part of all agencies to provide children with the same message. Character Counts is a program that helps children and adults focus on building and becoming good citizens. Addison Park District incorporates these six pillars into all of our programs. Instructors learn the program and, in turn, incorporate the pillars into their instruction.

#### CODE OF CONDUCT

No eligible participant shall be limited in the exercise of any right, privilege, advantage or opportunity on the basis of race, sex, creed, national origin, activities, service or benefits. BEHAVIOR: Participants are expected to exhibit positive behavior at all times. The following guidelines have been developed to help make Park District programs safe and enjoyable for all participants. Additional rules may be developed for particular programs and athletic leagues as deemed necessary by staff. Participants shall:

- Show respect to all participants and staff.
- Take directions from staff.
- Refrain from using abusive or foul language.
- Refrain from causing bodily harm to self, other participants or staff.
- Show respect to equipment, supplies and facilities.

#### DISCIPLINE

A positive approach will be used regarding discipline. Staff will periodically review rules with participants during the program session. If inappropriate behavior occurs, a prompt resolution will be sought specific to each situation. The Park District reserves the right to dismiss a participant whose behavior endangers the safety of himself/herself or others.

#### PROCEDURE

Upon registration or entry into the program, the parent/guardian should be solicited for any information regarding special accommodations needed. For example, if the registration form asks to describe accommodations needed for the participant's enjoyment of a particular program and the parent's response indicates "a positive role model for behavior" or another response of that nature, the parent should be contacted for information about any behavior modification programs in place at school or home. Attempts should be made to utilize these in the program.

#### NO SMOKING POLICY

Smoking and the use of tobacco products is prohibited on all park property, at all park facilities, and at all park district events by any person, patron, visitor or employee, regardless of age.

#### PHOTO AND VIDEO POLICY

Our Park District staff periodically takes pictures and/or video of participants in our classes, during special events, and in the parks. These are used in a variety of marketing materials.

#### SCHOLARSHIP PROGRAM

The Addison Park District believes that every resident should have an opportunity to participate in recreational programs regardless of financial hardship. The Addison Park District, in cooperation with the Addison Parks & Recreation Foundation, offers a financial assistance program for people in need. Scholarship applications are available at the Community Rec Center. The District offers limited financial assistance in the form of reduced fees. Due to the District's limited funding, scholarship offerings will be limited.

#### VANDALISM AND SAFETY HOT LINE

Residents can report vandalism and park maintenance concerns by calling the Park and Planning Department at (630) 233-7275, ext. 5266 or the Administrative Office at (630) 233-7275.

#### BROCHURE CHANGES AND ERRORS

We apologize for any errors and/or misprints that may occur within this brochure and will attempt to advise you of any changes as quickly as possible. Thank you for your patience and understanding.

## **REGISTRATION FORM** PLEASE PRINT

Head of Household	FIRST NAME	LAST NAME	Date	MM / DD / YYYY
Street Address:		City	Zip	
Phone (home)	(work)	(cell)	news, s	you like to receive email pecial offers and program ation about Park District
Email			progra	ms and events via email?

#### **First Time Registration - Resident Verification**

To confirm your residency in Addison please bring a current photo ID (driver's license, state ID or school ID) AND one of the following items:

- Gas, water or electric bill (not more than 60 days old)
- Current property tax bill
- Vehicle registration card

For each new child ages 3 months and older in new resident ID households, we require one of the following:

- Current photo ID
- Birth certificate
- Passport or proof of guardianship

After you have registered, you may sign up for additional activities online at www.addisonparks.org.

First & Last Name	Birth date	Grade/ Age	Activity Name	Activity Code	Day/ Time	Gender	Uniform Size	Fee
Would you like to make a donation to the scholarship fund of the Parks & Recreation Foundation of the Addison Park					Total			
District? YES NO - If y	es, please selec	t which an	nount:\$1\$5	\$10 O	ther (\$	_)	\$	

Persons with Disabilities: The Addison Park District makes reasonable accommodations in recreation programs to enable persons with disabilities to participate. Please list below any adaptive equipment, personnel or other accommodations you need to participate in a program for which you have registered.

#### LEISURE PROGRAM WAIVER & EMERGENCY CONSENT FORM:

**IMPORTANT INFORMATION:** The Addison Park District is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. The Addison Park District continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for the above listed programs/activities must recognize that there is an inherent risk of injury when choosing to participate in recreational activities/programs. You are solely responsible for determining if you or your minor child/ward are physically fit and/or skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

WARNING OF RISK: Recreational activities are intended to challenge and engage the physical, mental and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury when participating in any recreational activity. Understandably, not all hazards and dangers can be foreseen. Depending on the particular activity, participants must understand that certain risks, dangers and injuries due to inclement weather, slip and falls, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and all other circumstances inherent to indoor and outdoor recreational activities exist. In this regard, it must be recognized that it is impossible for the Addison Park District to guarantee absolute safety.

WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK: Please read this form carefully and be aware that in signing up and participating in the programs listed above, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with these programs (including transportation services and vehicle operations, when provided).

**PHOTO/VIDEO WAIVER:** I hereby authorize and give my consent to Addison Park District to photograph/video me or my child, and without limitation, to use such photographs/videos in the District's marketing materials to promote programs, services, facilities and events. I recognize and acknowledge that there are certain risks of physical injury to participants in these programs, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in these programs against the (District/SRA), including its officials, agents, volunteers and employees.

I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims. If registering on-line or via fax, my on-line or facsimile signature shall substitute for and have the same legal effect as an original form signature.

Signature:	Signature of Participant, or Parent/Guardian of Minor	Date	MM / DD / YYYY
Emergency Contact Name:	Relationship	•	

## **REGISTRATION RULES**

- Registration for Before-and-After-School Care, preschool, fitness memberships, golf memberships, soccer, adult and youth leagues, open gym and tot open gym is only accepted in person.
- Proof of residency within the Addison Park District is required to qualify for the resident rate. Accepted forms of ID are listed on the registration form.
- Registration is filled on a first come, first served basis, due to limited enrollment. Waiting lists will be formed when a class fills. Non-residents may register for programs at any time. The non-resident rate is listed as "NR" with each program description. (NOTE: "NM" is the nonmember fee for classes at Club Fitness.)
- Any checks returned for insufficient funds are subject to a \$25 fee charged by the Addison Park District.
- Registration will not be accepted by program instructors.

# WAYS TO REGISTER

## ONLINE: Register online any time at www.addisonparks.org.

You must register 72 hours in advance of the program start date to assure a response to your registration request. It is easy and convenient, however there are a few programs that require a signature and validation of appropriate documents. Online registration does not guarantee placement in a program. Online registration for the following programs is not available: for all memberships, day camps, Preschool, Before- and After-School Care, Soccer, Pickeball Open Gym and Tot Open Gym.

#### PHONE: Call 630-233-7275.

Please have your brochure codes and credit card ready:



#### MAIL: Registration forms can be mailed to:

Community Recreation Center, Attn: Program Registration, 120 E. Oak Street Addison, IL 60101 Addison, IL 60101 *Centennial Recreation Center* Attn: Program Registration, 1776 W. Centennial Place Addison, IL 60101

Please make your check or money order payable to the Addison Park District. Your cancelled check serves as your receipt and you will be notified only if there is a conflict.

## DROP OFF AND IN PERSON: Register or drop off forms at:

*Community Recreation Center,* 120 E. Oak Street Addison, IL 60101 Addison, IL 60101 *Centennial Recreation Center* 1776 W. Centennial Place Addison, IL 60101

**NOTE:** In-person registration is the only way to register for the following programs: all memberships; Preschool; Before and After-School Care; Soccer; Pickleball; Open Gym and Tot Open Gym.

## PROGRAM REFUNDS: SATISFACTION GUARANTEE REFUND POLICY

The Addison Park District strives to provide patrons with high quality recreation programs and activities.

To encourage participation in programs, the Park District has a refund policy precipitated on guaranteed satisfaction. Should you choose to withdraw from a program, the following options apply:

- 1. We invite you to repeat the program at no charge
- 2. Allow for a pro-rated credit to be applied towards another Park District program
- 3. Issue a pro-rated refund, less a \$5.00 administrative fee, (per person, per program) as a check or credit card refund

Refunds requested as a result of moving, injury/illness or schedule change will be pro-rated according to the date the refund is requested (\$5.00 administrative fee applies). Refunds will be issued within 10 business days, upon receipt of the REFUND-WITHDRAWAL REQUEST. Credits issued back to a credit card may require a full billing cycle to appear.

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**Daily Fees:** No refunds will be issued for any daily fees for Open Gym, Club Fitness, Junior High Dances, or Links & Tees.

**Contract Programs:** A contract program is one which the Park District is obligated to pay a fee, whether the participant attends or not. Contracted programs include: Gymnastics, Kids Karate Club and Ballroom Dancing. No refund will be given for any contract program unless a replacement is found. If a replacement is found, a full check refund minus \$5 for administrative costs, or a letter for 100% credit of program fees will be issued. **Contract Trips:** If the Park District has not incurred any costs of a trip, the participant will receive a full check refund minus \$5 for administrative costs. If a replacement is found, the participant will be granted a full check refund minus \$5 or a 100% letter of credit.

**Organized Leagues:** No refunds will be granted to teams in organized leagues such as adult softball, basketball, etc.

**Cancelled Programs:** The Park District reserves the right to cancel or postpone any program due to insufficient enrollment. If a program is cancelled, a full refund will be granted. Prorating Fees: The Park District does not prorate any fees. Once a program begins, enrollment remains open at the advertised rate as space allows and with instructor permission

# LOCATIONS & HOURS

## **ADMINISTRATION OFFICE**

Community Recreation Center 120 E. Oak Street, Addison, IL 60101 (CRC is also home to the Active Adult Senior Club) Phone: 630-233-7275, option 2 Fax: 630-833-6025

Mon-Fri: 9:00 a.m. - 9:00 p.m. Sat & Sun: 9:00 a.m. - 1:00 p.m.

## CLUB FITNESS & CENTENNIAL RECREATION CENTER

1776 W. Centennial Place, Addison, IL 60101 Phone: 630-233-7275, option 3 Fax: 630-889-1991

Hours (Labor Day - Memorial Day)

Mon-Fri:	5:30 a.m 10:00 p.m.
Sat:	7:00 a.m 8:00 p.m.
Sun:	8:00 a.m 5:00 p.m.
	Closed on Holidays

## LINKS & TEES GOLF

900 W. Lake Street, Addison, IL 60101 Phone: 630-233-7275, option 4

Golf Dome	Open: Nov-Apr			
<b>Golf Practice</b>	<b>Mon-Fri</b> 8:00 a.m 10:00 p.m.			
Range	Sat	7:00 a.m 10:00 p.m.		
	Sun	7:00 a.m 9:00 p.m.		
Golf Course	Call for availability			
Foot Golf	Call for av	Call for availability		
Putters Peak Mini Golf	closed until spring, except for party rentals			

# PARKS AND PLANNING DEPARTMENT,

414 W. Fullerton, Addison, IL 60101 Phone: 630-233-7275, option 5

**Mon-Fri:** 7:00 a.m. - 3:30 p.m.

# **STAFF DIRECTORY**

## **ADMINISTRATION OFFICE**

<b>Geri Estvanik, CPRP</b> Executive Director	gestvanik@addisonparks.org
<b>Lisa Jeffers</b> Executive Administrative Assistant	ljeffers@addisonparks.org
<b>Andrea Pindak, CPRP</b> Superintendent of Finance & Human Resources	apindak@addisonparks.org
Danielle Strohmier Marketing & Communications Supervisor	dstrohmier@addisonparks.org
Adam Vasquez Rental & Special Event Supervisor, CPRP	avasquez@addisonparks.org
<b>Teresa Grodsky</b> Active Adult Services Coordinator	tgrodsky@addisonparks.org
<b>Waseem Khan</b> I.T. Manager	wkhan@addisonparks.org

## **CENTENNIAL RECREATION CENTER**

Steven Muenz, CPRP Superintendent of Recreation	smuenz@addisonparks.org
<b>Erin Chapa</b> Superintendent of Facilities, CPO	echapa@addisonparks.org
<b>David MacDonald</b> Youth & Leisure Supervisor	dmacdonald@addisonparks.org
Joe Patterson Athletic Supervisor	jpatterson@addisonparks.org
<b>Josie Kish</b> Fitness Operations Supervisor	jkish@addisonparks.org

## LINKS & TEES GOLF

<b>Erin Chapa</b> Superintendent of Facilities, CPO	echapa@addisonparks.org
Veronica Lopez Front Desk Operations Supervisor	vlopez@addisonparks.org
<b>Todd Wilson</b> Golf Operations Supervisor	twilson@addisonparks.org

## PARKS AND PLANNING DEPARTMENT

<b>Ray Chaussey</b> Superintendent of Parks & Planning	rchaussey@addisonparks.org
Jackie Michaels Administrative Assistant	jmichaels@addisonparks.org

# PARK AND FACILITY: NAMES AND ADDRESSES

		PACILITY: NAMES AND ADDRES    kces  bsechall  bsechall  cicket  cishing  cold  cicket  pool  pictic (10005)  pictic (10005)											ES	JE,	<b>D</b>	
28 <sup>14</sup>	Acte	Basel	all Bash	etball circl	et risti	ing colf	O'SC	jolt pool	Picni	CTables Play	Jound Bathro	om <sup>s</sup> Gale	po <sup>5</sup> soc	er fields	Nolle Volle	eyball OC Walkin
Armani, Veterans Parkway	.37									x						
Army Trail Nature Center, 270 N. Lombard Road	17.85				x					x						.22mi .58mi
Byron, 100 W. Byron	11.25	x	х									x		x		.5mi
Cherokee, 25 S. Michigan	4.96	x								х				x	x	.39mi
Community Rec Center, 120 E. Oak St.	50	x	x						х	х	x				x	.7mi
Centennial Rec Center & Club Fitness, 1776 W. Centennial Pl.	39.8	x	x		x			x	X	x	x		x	x		.95mi .75mi
Farmwood, 900 Sable Ave.	12.9									х						.22mi
Foxdale, 1500 N. Itasca	13.7	x	х				x			х	x					.58mi
Green Oaks, 547 Green Oaks Ct.	3.2	х	х							х		х				
Highview, 100 S. Lincoln	10.24	x								x			х	x	x	
Kenroy, 500 E. Edward Dr.	4.4									x						.17mi
Lake Manor Nature Preserve, 400 W. Lake Park	12.98	x	x		x					х		x				.54mi
Links & Tees Golf Facility, 900 E. Lake St.	43.16					x					x		x			
May Street Park, 101 May St.	.23								х	x						
Mill Meadows, 10 S. LaLonde Ave.	3.96									х			x			
Nike Park, 200 S. Rohlwing Rd.	6.95	x								х	x					
Oak Knoll, 900 W. Sherwood Dr.	9.84	x	x	x						х				x		
Old Mill, 500 W. Byron	2.03									х				x	x	
Panther Park, 330 W. Lake Park Dr.	2.7	x	x							x						
Sunset, 550 N. Kenmore	3.63	x	x							x						
Tamara Heights, 450 Eggerding	10	х								х						.16mi
Westridge Pond,1300 N. Itasca Rd.	3.5				х											
Westview, 700 S. Harvard	5.27	x								х				x		.27mi
Westwood, 1100 Wesley Dr.	6.7	x								х						
Wilderness, 1600 W. Stone	3.58									х						
Total Acres	284									х						



## EAGLE EYE PARK WATCH

YOU are the eyes and ears of our parks. Park safety doesn't end during the winter months. Please call the Park District administrative office (630-233-7275, ext.5266) to report any vandalism in the parks and the Addison Police Department (911) to report all other safety concerns.



## ADDISON PARK DISTRICT - FACILITIES, PARKS AND NEIGHBORHOOD PARKS

**Centennial Rec Center/Centennial Park,** 1776 W.Centennial Pl. \*Club Fitness, APD Preschool, NEDSRA and fishing pond

**Community Rec Center/Community Park,** 120 E. Oak St. \*Family Aquatics Center and splash pad, Active Adults Center, Salt Creek Greenway Trail and sledding hill

**Links & Tees Golf Facility,** 900 W. Lake St. \*9-hole walking golf course with FootGolf, indoor golf dome, lighted outdoor driving range and 18-hole miniature golf

**Army Trail Nature Center,** 270 N.Lombard Rd. \*17+ acres of woodland trails and a fishing pond

**Foxdale Park,** 1500 N. Itasca Rd. \*9-hole disc golf course

**Lake Manor Nature Preserve,** 400 W. Lake Park Dr. \*1/2 mile walking path around a fishing pond

**Old Mill Park,** 500 W Byron Rd. \*community garden plots

Nike Park, 200 S.Rohlwing Rd. \*lighted baseball fields Armani Park, Veterans Parkway Byron Park, 100 W. Byron Cherokee Park, 25 S. Michigan Farmwood Park, 900 Sable Avenue Green Oaks Park, 547 Green Oaks Court Highview Park, 100 S. Lincoln Kenroy Park, 500 E. Edward Drive May Street Park, 1010 May Street Mill Meadows Park, 10 S. LaLonde Oak Knoll Park, 900 W. Sherwood Drive Panther Park, 330 W. Lake Park Drive Sunset Park, 550 N. Kenmore Tamara Heights Park, 450 Eggerding Westridge Pond, 1300 N. Itasca Road Westview Park, 700 S. Harvard Westwood Park, 1121 Westwood Trail Wilderness Park, 1600 W. Stone

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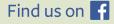
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