



# Youth Sports Parents Code of Character Rules of Conduct

#### TRUSTWORTHINESS

Trustworthiness—be worthy of trust in all you do.

*Integrity*—live up to high ideals of ethics and sportsmanship; do what's right even when it's unpopular or personally costly.

*Honesty*—live and act honorably; don't allow your children to lie, cheat, steal or engage in any other dishonest or unsportsmanlike conduct.

Reliability—fulfill commitments; do what you say you will do; be on time; when you tell your children you will attend an event, be sure to do so.

Loyalty—be loyal to your team; put the team above your interests and those of your child.

Communication—the coach trusts you to inform him or her of your child's physical abilities/limitations.

#### RESPECT

*Respect*—treat people with respect at all time and require the same of your children.

*Class*—live and cheer with class; be gracious in victory and accept defeat with dignity; compliment extraordinary performance; and show respect for all competitors.

Disrespectful Conduct—don't engage in disrespectful conduct of any sort including profanity, obscene gestures, offensive remarks or a sexual nature, trash talking, taunting, boastful celebrations, or other actions that demean individuals or the sport.

Respect officials—treat contest officials with respect; don't complain about or argue with official calls or decisions during or after an athletic event.

Respect Coaches—treat coaches with respect at all times; recognize that they have team goals beyond those of your child. Don't shout instructions to players from the stands; let coaches coach.

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#### RESPONSIBILITY

Role Modeling—consistently exhibit good character and conduct yourself as a role model for your children.

Self-Control—exercise self-control; don't fight or show excessive displays of anger of frustration; have the strength to overcome the temptation to demean others.

*Integrity of the Game*—protect the integrity of the game; don't gamble on your children's games.

#### **FAIRNESS**

*Be Fair*—treat all competitors fairly; be open-minded; always be willing to listen and learn.

### **CARING**

*Encouragement*—encourage your children regardless of play; offer positive reinforcement. Demonstrate sincere interest in your child's play.

Concern of Others—demonstrate concern for others; never encourage the injury of any player, official or fellow spectator.

*Empathy*—consider the needs and desires of your child's teammates in addition to your own; help promote the team concept by encouraging all team members, understanding that the coach is responsible for determining playing time.

## **CITIZENSHIP**

Know the Rules—maintain a through knowledge of all applicable game and competition rules.

Do Your Share—protect the environment. Keep your parks and playing areas neat and clean.

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