

Screening Testing

CDC and IDPH recommend routine COVID-19 screening testing for individuals who are not fully vaccinated and involved with youth sports. Coaches, trainers, officials, and other adults involved in youth sports activities should test for COVID-19 at least once per week, regardless of community transmission. CDC recommends that participants test for COVID-19 at least once per week in communities with low or moderate transmission and at least twice per week in communities with substantial or high transmission. To protect in-person learning at school, CDC recommends that sports that involve sustained close contacts with others be canceled in communities with high transmission, unless all participants are fully vaccinated. Individuals should be tested for COVID-19 and receive a negative result as close as possible to competition and, preferably, within 24 hours before play. Rapid antigen testing (e.g., BinaxNOW) may be most appropriate for screening testing for youth sports. For more information on screening testing, review IDPH answers to [frequently asked questions \(FAQs\) on COVID-19 testing in schools](#) and the [CDC guidance for COVID-19 prevention in K-12 schools](#) (see "Screening Testing").