

POOL SCHEDULE

SUMMER 2026 JUNE 1 – 30

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Member lap swim 5:00 – 10:00 AM	Member lap swim 5:00 – 9:15 AM	Member lap swim 5:00 – 10:00 AM	Member lap swim 5:00 – 9:15 AM	Member lap swim 5:00 – 10:00 AM	Member lap swim 6:00 AM - 4:45 PM	Member lap swim 7:00 AM - 4:45 PM
Aqua Energizer 10:00–11:00AM (Lanes 1-5) Estelle	Aqua Motion 9:15–10:15 AM (Lanes 1-5) Liubov	Aqua Energizer 10:00 –11:00 AM (Lanes 1-5) Sharon	Aqua Motion 9:15–10:15 AM (Lanes 1-5) Linda	Aqua Energizer 10:00–11:00 AM (Lanes 1-5) Sharon		
Water Volleyball 11:30AM – 1PM (3 lanes, 4,5,6,) Member lap swimming Stroke & Variety Lane 3	Member lap swim 10:15 AM – 4:30PM	Water Volleyball 11:30– 1:00 PM (3 lanes, 4,5,6,) Member lap swimming Stroke & Variety Lane 3	Member lap swim 10:15 AM – 4:30 PM	Water Volleyball 11:30AM – 1PM (3 lanes, 4,5,6,) Member lap swimming Stroke & Variety Lane 3	<p align="center"><u>Pool / Spa</u> <u>Sauna / Steam Room</u></p> <p align="center"><u>Hours of operation</u></p> <p align="center">Monday- Friday 5:00 AM - 9:45 PM</p> <p align="center">Saturday 6:00 AM – 4:45 PM</p> <p align="center">Sunday 7:00 AM – 4:45 PM</p>	
Lap swim 1:00 - 4:30PM		Lap swim 1:00 - 3:30PM		Lap swim 1:00 - 9:45 PM		
NEDSRA (2/9) 1:00-2:00 PM (Lanes 1-2)	Aquafit HH 3:30-4:30PM (Lanes 1-5) Linda					
Swim Lessons (Lanes 3, 4,5,6) 4:30- 7:00PM	Swim Lessons (Lanes 3, 4,5,6) 4:30 – 7:00PM	Swim Lessons (Lanes 3, 4,5,6) 4:30 –7:00PM	Swim Lessons (Lanes 3, 4,5,6) 4:30-7:00PM			
Aqua Zumba 7:15 – 7:55 PM (Lanes 1-4) Sarah-Beth	Swim Clinic 7:00 – 8:00 PM (Lanes 5 & 6)	Aqua Zumba 7:15 – 7:55 PM (Lanes 1-4) Sarah-Beth	Swim Clinic 7:00 – 8:00 PM (Lanes 5 & 6)			
Member lap swim 8:05 – 9:45 PM	Member lap swim 8:05 – 9:45 PM	Member lap swim 8:05 – 9:45 PM	Member lap swim 8:05 – 9:45 PM			

Member Lap Swim: No Lifeguard on duty.

Persons 15 years and younger must be always accompanied in the pool by a responsible person 16 years or older.

Children under the age of 16 are not allowed to use the Spa, Sauna, or Steam Room.

* Please be advised that private swim lessons may take place at any time and will require the use of a pool lane without prior notice.
* Pool lane dividers for lanes 1-5 will be removed for class 15 minutes before class time. Lane 6 will remain available during classes.

* **Swim Stroke Only:** Lanes 3-6 are for continuous swimming utilizing actual swim strokes including, but not limited to freestyle, backstroke, breaststroke, butterfly, sidestroke, etc. During open swim a pool lane may be reserved for private swim lessons without notice.

* **Aquatic Exercise:** Lanes 1-2 are for a variety of pool uses that includes, but not limited to therapy, water walking, stationary exercises, etc

* During open swim a pool lane may be occupied with physical therapy or private swim lessons. No swim stroke allowed on lanes 1-2.

*Aqua Group Fitness Class Reservation -Sign in Sheet (36 Participants) will be placed out the day of class.